

# Womens Team Categories - All

| Pos | Total Time | Team | Team Name                                       | Lap | Pos | Split Time | Runner                |
|-----|------------|------|-------------------------------------------------|-----|-----|------------|-----------------------|
| 1   | 0:45:26    | 114  | Glasgow University Hares and Hounds 114 ( Sen ) | 1   | 3   | 0:14:57    | Stefanie Tucker       |
|     |            |      |                                                 | 2   | 2   | 00:15:35   | Aoife Carr            |
|     |            |      |                                                 | 3   | 1   | 00:14:54   | Lynn McKenna          |
|     |            |      |                                                 |     |     |            |                       |
| 2   | 0:46:26    | 140  | VP-Glasgow AC 140 ( Sen )                       | 1   | 9   | 0:15:39    | Becky Dunphy          |
|     |            |      |                                                 | 2   | 3   | 00:15:42   | Philippa Millage      |
|     |            |      |                                                 | 3   | 2   | 00:15:05   | Holly Little          |
|     |            |      |                                                 |     |     |            |                       |
| 3   | 0:47:05    | 121  | Inverclyde AC 121 ( Sen )                       | 1   | 1   | 0:14:51    | Nynke Mulholland      |
|     |            |      |                                                 | 2   | 1   | 00:15:23   | Meredith Reid         |
|     |            |      |                                                 | 3   | 3   | 00:16:51   | Aimee Claire Anderson |
|     |            |      |                                                 |     |     |            |                       |
| 4   | 0:47:09    | 133  | Shettleston Harriers 133 ( Sen )                | 1   | 11  | 0:15:48    | Jessica Brydon        |
|     |            |      |                                                 | 2   | 6   | 00:16:08   | Avril Mason           |
|     |            |      |                                                 | 3   | 4   | 00:15:13   | Kayleigh Jarrett      |
|     |            |      |                                                 |     |     |            |                       |
| 5   | 0:47:22    | 129  | Law & District AAC 129 ( Sen )                  | 1   | 7   | 0:15:23    | Emily McNicol         |
|     |            |      |                                                 | 2   | 4   | 00:15:59   | Madeleine Watson      |
|     |            |      |                                                 | 3   | 5   | 00:16:00   | Jessica Robson        |
|     |            |      |                                                 |     |     |            |                       |
| 6   | 0:47:43    | 115  | Glasgow University Hares and Hounds 115 ( Sen ) | 1   | 8   | 0:15:37    | Anna Dalglish         |
|     |            |      |                                                 | 2   | 7   | 00:16:27   | Lea Meinecke          |
|     |            |      |                                                 | 3   | 6   | 00:15:39   | Charlotte McKenna     |
|     |            |      |                                                 |     |     |            |                       |
| 7   | 0:48:45    | 108  | Giffnock North AC 108 ( Sen )                   | 1   | 10  | 0:15:40    | Holly Still           |
|     |            |      |                                                 | 2   | 12  | 00:17:53   | Kirsten O'Donoghue    |
|     |            |      |                                                 | 3   | 7   | 00:15:12   | Yvonne McNairn        |
|     |            |      |                                                 |     |     |            |                       |
| 8   | 0:49:11    | 122  | Inverclyde AC 122 ( Sen )                       | 1   | 26  | 0:17:17    | Maisie Watson         |
|     |            |      |                                                 | 2   | 9   | 00:15:48   | Rachael Bushfield     |
|     |            |      |                                                 | 3   | 8   | 00:16:06   | Jennifer Lyne         |
|     |            |      |                                                 |     |     |            |                       |
| 9   | 0:49:32    | 125  | Kilmarnock H&AC 125 ( Sen )                     | 1   | 13  | 0:16:00    | Laura Haggarty        |
|     |            |      |                                                 | 2   | 5   | 00:15:51   | Kara McKenzie-Tait    |
|     |            |      |                                                 | 3   | 9   | 00:17:41   | Morgan McBurnie       |
|     |            |      |                                                 |     |     |            |                       |
| 10  | 0:49:54    | 105  | Garscube Harriers 105 ( Sen )                   | 1   | 24  | 0:17:08    | Frances Wardle        |
|     |            |      |                                                 | 2   | 8   | 00:15:40   | Holly Smith           |
|     |            |      |                                                 | 3   | 10  | 00:17:06   | Marian Kelly          |
|     |            |      |                                                 |     |     |            |                       |
| 11  | 0:50:20    | 116  | Glasgow University Hares and Hounds 116 ( Sen ) | 1   | 16  | 0:16:37    | Emma Baird            |
|     |            |      |                                                 | 2   | 10  | 00:16:40   | Clare Stewart         |
|     |            |      |                                                 | 3   | 11  | 00:17:03   | Tara Walker           |
|     |            |      |                                                 |     |     |            |                       |

# Womens Team Categories - All

| Pos | Total Time | Team | Team Name                        | Lap | Pos | Split Time | Runner            |
|-----|------------|------|----------------------------------|-----|-----|------------|-------------------|
| 12  | 0:50:21    | 134  | Shettleston Harriers 134 ( Sen ) | 1   | 18  | 0:16:41    | Holly Morrison    |
|     |            |      |                                  | 2   | 11  | 00:16:37   | Ruth Stanley      |
|     |            |      |                                  | 3   | 12  | 00:17:03   | Amy MacLellan     |
|     |            |      |                                  |     |     |            |                   |
| 13  | 0:51:46    | 109  | Giffnock North AC 109 ( Sen )    | 1   | 27  | 0:17:19    | Emily Crusher     |
|     |            |      |                                  | 2   | 16  | 00:17:05   | Frances Lowrie    |
|     |            |      |                                  | 3   | 13  | 00:17:22   | Nicola McBeath    |
|     |            |      |                                  |     |     |            |                   |
| 14  | 0:51:48    | 141  | VP-Glasgow AC 141 ( Sen )        | 1   | 4   | 0:15:07    | Gillian Black     |
|     |            |      |                                  | 2   | 21  | 00:20:01   | Rachel McLennan   |
|     |            |      |                                  | 3   | 14  | 00:16:40   | Christine Irvine  |
|     |            |      |                                  |     |     |            |                   |
| 15  | 0:52:00    | 95   | Cambuslang Harriers 95 ( Sen )   | 1   | 17  | 0:16:40    | Lesley Blackwood  |
|     |            |      |                                  | 2   | 14  | 00:17:33   | Kirsty O'Brien    |
|     |            |      |                                  | 3   | 15  | 00:17:47   | Catriona Bain     |
|     |            |      |                                  |     |     |            |                   |
| 16  | 0:52:56    | 99   | Cumbernauld AAC 99 ( Sen )       | 1   | 15  | 0:16:31    | Alicia Paton      |
|     |            |      |                                  | 2   | 22  | 00:18:45   | Donna Macpherson  |
|     |            |      |                                  | 3   | 16  | 00:17:40   | Carla McLellan    |
|     |            |      |                                  |     |     |            |                   |
| 17  | 0:53:17    | 87   | Ayr Seaforth AC 87 ( Sen )       | 1   | 6   | 0:15:22    | Nicola Dunn       |
|     |            |      |                                  | 2   | 18  | 00:19:14   | Gillian Hannah    |
|     |            |      |                                  | 3   | 17  | 00:18:41   | Sarah Paterson    |
|     |            |      |                                  |     |     |            |                   |
| 18  | 0:53:18    | 102  | Dumfries RC 102 ( Sen )          | 1   | 2   | 0:14:56    | Nicola Hood       |
|     |            |      |                                  | 2   | 17  | 00:19:32   | Anne Macfarlane   |
|     |            |      |                                  | 3   | 18  | 00:18:50   | Gemma Leadbetter  |
|     |            |      |                                  |     |     |            |                   |
| 19  | 0:53:44    | 93   | Calderglen Harriers 93 ( Sen )   | 1   | 21  | 0:16:57    | Julie Beveridge   |
|     |            |      |                                  | 2   | 19  | 00:17:39   | Kirsty Wilson     |
|     |            |      |                                  | 3   | 19  | 00:19:08   | Alison Lessells   |
|     |            |      |                                  |     |     |            |                   |
| 20  | 0:53:45    | 110  | Giffnock North AC 110 ( Mas )    | 1   | 19  | 0:16:43    | Mary McCutcheon   |
|     |            |      |                                  | 2   | 15  | 00:17:41   | Sheila Lewis      |
|     |            |      |                                  | 3   | 20  | 00:19:21   | Caroline Munro    |
|     |            |      |                                  |     |     |            |                   |
| 21  | 0:53:49    | 137  | Springburn Harriers 137 ( Sen )  | 1   | 5   | 0:15:13    | Hannah Terrance   |
|     |            |      |                                  | 2   | 13  | 00:18:23   | Nicola Farmer     |
|     |            |      |                                  | 3   | 21  | 00:20:13   | WENDY CAMPBELL    |
|     |            |      |                                  |     |     |            |                   |
| 22  | 0:54:22    | 89   | Bellahouston Harriers 89 ( Sen ) | 1   | 22  | 0:16:58    | Katherine Hylands |
|     |            |      |                                  | 2   | 23  | 00:18:38   | Claire McCormick  |
|     |            |      |                                  | 3   | 22  | 00:18:46   | Rebecca Simister  |
|     |            |      |                                  |     |     |            |                   |

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| Pos | Total Time | Team | Team Name                              | Lap | Pos | Split Time | Runner             |
|-----|------------|------|----------------------------------------|-----|-----|------------|--------------------|
| 23  | 0:54:41    | 130  | Law & District AAC 130 ( Sen )         | 1   | 25  | 0:17:10    | Reagan Binnie      |
|     |            |      |                                        | 2   | 26  | 00:19:24   | Lesley Graham      |
|     |            |      |                                        | 3   | 23  | 00:18:07   | Jennifer Beattie   |
| 24  | 0:55:00    | 139  | Springburn Harriers 139 ( Mas )        | 1   | 14  | 0:16:09    | Ruth Fraser-Moodie |
|     |            |      |                                        | 2   | 20  | 00:18:46   | Michelle Callaghan |
|     |            |      |                                        | 3   | 24  | 00:20:05   | Pauline Doherty    |
| 25  | 0:55:04    | 132  | Motherwell AC 132 ( Sen )              | 1   | 20  | 0:16:56    | Joey Leach         |
|     |            |      |                                        | 2   | 29  | 00:20:37   | Phyllis Hands      |
|     |            |      |                                        | 3   | 25  | 00:17:31   | Emma Morris        |
| 26  | 0:56:09    | 126  | Kilmarnock H&AC 126 ( Sen )            | 1   | 33  | 0:18:02    | Hannah Burn        |
|     |            |      |                                        | 2   | 30  | 00:19:44   | Eilidh Ballantyne  |
|     |            |      |                                        | 3   | 26  | 00:18:23   | Jennifer Beattie   |
| 27  | 0:56:23    | 135  | Shettleston Harriers 135 ( Sen )       | 1   | 30  | 0:17:48    | Lucy Somerville    |
|     |            |      |                                        | 2   | 24  | 00:18:30   | Kirsty Mann        |
|     |            |      |                                        | 3   | 27  | 00:20:05   | Arlene McKenna     |
| 28  | 0:56:31    | 118  | Greenock Glenpark Harriers 118 ( Mas ) | 1   | 32  | 0:18:01    | Marian Monk        |
|     |            |      |                                        | 2   | 34  | 00:21:33   | Cheryl Thomas      |
|     |            |      |                                        | 3   | 28  | 00:16:57   | Sue Hewitson       |
| 29  | 0:56:36    | 103  | East Kilbride AC 103 ( Sen )           | 1   | 35  | 0:18:27    | Emma Livingstone   |
|     |            |      |                                        | 2   | 25  | 00:17:53   | Kelly Baillie      |
|     |            |      |                                        | 3   | 29  | 00:20:16   | Rachael Thomson    |
| 30  | 0:56:38    | 96   | Cambuslang Harriers 96 ( Sen )         | 1   | 31  | 0:17:56    | Sarah Ross         |
|     |            |      |                                        | 2   | 27  | 00:18:56   | Jacqueline McLew   |
|     |            |      |                                        | 3   | 30  | 00:19:46   | Paula McCabe       |
| 31  | 0:57:25    | 101  | Dumbarton AAC 101 ( Sen )              | 1   | 36  | 0:18:50    | Lynsey Lennox      |
|     |            |      |                                        | 2   | 35  | 00:20:46   | Alyson Leader      |
|     |            |      |                                        | 3   | 31  | 00:17:49   | Charlene Kelly     |
| 32  | 0:58:12    | 91   | Bellahouston RR 91 ( Sen )             | 1   | 37  | 0:18:54    | Jane McNeilly      |
|     |            |      |                                        | 2   | 31  | 00:19:40   | Hayley Drysdale    |
|     |            |      |                                        | 3   | 32  | 00:19:38   | Laura Henderson    |
| 33  | 0:59:59    | 90   | Bellahouston Harriers 90 ( Sen )       | 1   | 29  | 0:17:44    | Emma Rogerson      |
|     |            |      |                                        | 2   | 28  | 00:19:39   | Angela Campbell    |
|     |            |      |                                        | 3   | 33  | 00:22:36   | June MacLeod       |

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| Pos | Total Time | Team | Team Name                              | Lap | Pos | Split Time | Runner           |
|-----|------------|------|----------------------------------------|-----|-----|------------|------------------|
| 34  | 0:60:08    | 106  | Garscube Harriers 106 ( Mas )          | 1   | 28  | 0:17:37    | Laura Gray       |
|     |            |      |                                        | 2   | 40  | 00:22:59   | Morag Casey      |
|     |            |      |                                        | 3   | 34  | 00:19:32   | Diane Clark      |
| 35  | 0:61:19    | 97   | Cambuslang Harriers 97 ( Sen )         | 1   | 40  | 0:19:20    | Peggy-Nan Rodger |
|     |            |      |                                        | 2   | 39  | 00:21:09   | Rachel Wardrope  |
|     |            |      |                                        | 3   | 35  | 00:20:50   | Ana Bradley      |
| 36  | 0:62:35    | 127  | Kirkintilloch Olympians 127 ( Mas )    | 1   | 39  | 0:19:18    | Moir Paterson    |
|     |            |      |                                        | 2   | 33  | 00:20:07   | Marina McCallum  |
|     |            |      |                                        | 3   | 36  | 00:23:10   | Ada Stewart      |
| 37  | 0:62:51    | 111  | Giffnock North AC 111 ( Mas )          | 1   | 34  | 0:18:09    | Hilary Carswell  |
|     |            |      |                                        | 2   | 38  | 00:21:53   | Catriona Gourley |
|     |            |      |                                        | 3   | 37  | 00:22:49   | Alison Gordon    |
| 38  | 0:63:03    | 100  | Cumbernauld AAC 100 ( Sen )            | 1   | 42  | 0:20:20    | Heather Allan    |
|     |            |      |                                        | 2   | 32  | 00:18:57   | Aimee McGoldrick |
|     |            |      |                                        | 3   | 38  | 00:23:46   | Pauline Younger  |
| 39  | 0:64:08    | 92   | Bellahouston RR 92 ( Sen )             | 1   | 49  | 0:22:34    | Sarah Edgar      |
|     |            |      |                                        | 2   | 44  | 00:22:02   | Roz Wilson       |
|     |            |      |                                        | 3   | 39  | 00:19:32   | Pauline Wright   |
| 40  | 0:66:29    | 112  | Giffnock North AC 112 ( Mas )          | 1   | 51  | 0:22:56    | Sarah Smith      |
|     |            |      |                                        | 2   | 46  | 00:23:18   | Allison Mathews  |
|     |            |      |                                        | 3   | 40  | 00:20:15   | Gayle Kennedy    |
| 41  | 0:70:01    | 119  | Greenock Glenpark Harriers 119 ( Sen ) | 1   | 45  | 0:20:51    | Lynsey Mooney    |
|     |            |      |                                        | 2   | 45  | 00:24:59   | Sandra Devine    |
|     |            |      |                                        | 3   | 41  | 00:24:11   | Elaine Medinelli |
| 42  | 0:70:51    | 138  | Springburn Harriers 138 ( Sen )        | 1   | 47  | 0:21:52    | Emma Wilson      |
|     |            |      |                                        | 2   | 47  | 00:24:55   | Rosalind Graham  |
|     |            |      |                                        | 3   | 42  | 00:24:04   | Heidi Cochrane   |
| - - | xx:xx:xx   | 88   | Ayr Seaforth AC 88 ( Sen )             | 1   | 38  | 0:19:01    | Susie Hubbard    |
|     |            |      |                                        | 2   | 43  | 00:25:21   | Lucy Stanley     |
|     |            |      |                                        | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 94   | Calderglen Harriers 94 ( Sen )         | 1   | 41  | 0:20:09    | Julie Thomson    |
|     |            |      |                                        | 2   | 36  | 00:19:38   | Frances Ferguson |
|     |            |      |                                        | 3   |     | xxxx       | xxxx             |
|     |            |      |                                        |     |     |            |                  |

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| Pos | Total Time | Team | Team Name                      | Lap | Pos | Split Time | Runner             |
|-----|------------|------|--------------------------------|-----|-----|------------|--------------------|
| --  | xx:xx:xx   | 98   | Cambuslang Harriers 98 ( Sen ) | 1   | 43  | 0:20:22    | Sarah Simpson      |
|     |            |      |                                | 2   | 37  | 00:19:37   | Lynn Angely        |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 104  | East Kilbride AC 104 ( Sen )   | 1   | 48  | 0:22:17    | Taylor McNamara    |
|     |            |      |                                | 2   |     | xxxx       | xxxx               |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 107  | Garscube Harriers 107 ( Sen )  | 1   | 46  | 0:20:56    | Melanie Carmichael |
|     |            |      |                                | 2   | 41  | 00:19:49   | Amy Cromarty       |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 123  | Inverclyde AC 123 ( Sen )      | 1   | 23  | 0:17:01    | Abi Hammerman      |
|     |            |      |                                | 2   |     | xxxx       | xxxx               |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 124  | Kilbarchan AAC 124 ( Sen )     | 1   | 12  | 0:15:54    | Sarah Dempsey      |
|     |            |      |                                | 2   |     | xxxx       | xxxx               |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 131  | Law & District AAC 131 ( Sen ) | 1   | 50  | 0:22:41    | Vicky Harrison     |
|     |            |      |                                | 2   | 42  | 00:21:33   | Margaret Newell    |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |
|     |            |      |                                |     |     |            |                    |
| --  | xx:xx:xx   | 142  | VP-Glasgow AC 142 ( Sen )      | 1   | 44  | 0:20:42    | Louise Love        |
|     |            |      |                                | 2   |     | xxxx       | xxxx               |
|     |            |      |                                | 3   |     | xxxx       | xxxx               |

## Women split time on any leg

| Pos | Split Time | No   | Runner                | Cat     | Club Name                           | Leg |
|-----|------------|------|-----------------------|---------|-------------------------------------|-----|
| 1   | 0:14:51    | 1055 | Nynke Mulholland      | F-(Sen) | Inverclyde AC                       | 1   |
| 2   | 00:14:54   | 1036 | Lynn McKenna          | F-(Sen) | Glasgow University Hares and Hounds | 3   |
| 3   | 0:14:56    | 993  | Nicola Hood           | F-(Sen) | Dumfries RC                         | 1   |
| 4   | 0:14:57    | 1040 | Stefanie Tucker       | F-(Sen) | Glasgow University Hares and Hounds | 1   |
| 5   | 00:15:05   | 1134 | Holly Little          | F-(Sen) | VP-Glasgow AC                       | 3   |
| 6   | 0:15:07    | 1127 | Gillian Black         | F-(Sen) | VP-Glasgow AC                       | 1   |
| 7   | 00:15:12   | 1025 | Yvonne McNairn        | F-(Sen) | Giffnock North AC                   | 3   |
| 8   | 00:15:13   | 1097 | Kayleigh Jarrett      | F-(Sen) | Shettleston Harriers                | 3   |
| 9   | 0:15:13    | 1125 | Hannah Terrance       | F-(Sen) | Springburn Harriers                 | 1   |
| 10  | 0:15:22    | 944  | Nicola Dunn           | F-(Sen) | Ayr Seaforth AC                     | 1   |
| 11  | 0:15:23    | 1084 | Emily McNicol         | F-(Sen) | Law & District AAC                  | 1   |
| 12  | 00:15:23   | 1056 | Meredith Reid         | F-(U20) | Inverclyde AC                       | 2   |
| 13  | 00:15:35   | 1032 | Aoife Carr            | F-(Sen) | Glasgow University Hares and Hounds | 2   |
| 14  | 0:15:37    | 1033 | Anna Dalglish         | F-(U20) | Glasgow University Hares and Hounds | 1   |
| 15  | 00:15:39   | 1035 | Charlotte McKenna     | F-(Sen) | Glasgow University Hares and Hounds | 3   |
| 16  | 0:15:39    | 1130 | Becky Dunphy          | F-(Sen) | VP-Glasgow AC                       | 1   |
| 17  | 00:15:40   | 1010 | Holly Smith           | F-(Sen) | Garscube Harriers                   | 2   |
| 18  | 0:15:40    | 1030 | Holly Still           | F-(Sen) | Giffnock North AC                   | 1   |
| 19  | 00:15:42   | 1137 | Philippa Millage      | F-(V40) | VP-Glasgow AC                       | 2   |
| 20  | 0:15:48    | 1092 | Jessica Brydon        | F-(Sen) | Shettleston Harriers                | 1   |
| 21  | 00:15:48   | 1052 | Rachael Bushfield     | F-(Sen) | Inverclyde AC                       | 2   |
| 22  | 00:15:51   | 1067 | Kara McKenzie-Tait    | F-(Sen) | Kilmarnock H&AC                     | 2   |
| 23  | 0:15:54    | 1058 | Sarah Dempsey         | F-(Sen) | Kilbarchan AAC                      | 1   |
| 24  | 00:15:59   | 1088 | Madeleine Watson      | F-(Sen) | Law & District AAC                  | 2   |
| 25  | 0:16:00    | 1065 | Laura Haggarty        | F-(Sen) | Kilmarnock H&AC                     | 1   |
| 26  | 00:16:00   | 1087 | Jessica Robson        | F-(U20) | Law & District AAC                  | 3   |
| 27  | 00:16:06   | 1054 | Jennifer Lyne         | F-(Sen) | Inverclyde AC                       | 3   |
| 28  | 00:16:08   | 1103 | Avril Mason           | F-(V45) | Shettleston Harriers                | 2   |
| 29  | 0:16:09    | 1120 | Ruth Fraser-Moodie    | F-(V40) | Springburn Harriers                 | 1   |
| 30  | 00:16:27   | 1037 | Lea Meinecke          | F-(Sen) | Glasgow University Hares and Hounds | 2   |
| 31  | 0:16:31    | 987  | Alicia Paton          | F-(Sen) | Cumbernauld AAC                     | 1   |
| 32  | 00:16:37   | 1112 | Ruth Stanley          | F-(Sen) | Shettleston Harriers                | 2   |
| 33  | 0:16:37    | 1031 | Emma Baird            | F-(Sen) | Glasgow University Hares and Hounds | 1   |
| 34  | 00:16:40   | 1133 | Christine Irvine      | F-(Sen) | VP-Glasgow AC                       | 3   |
| 35  | 0:16:40    | 973  | Lesley Blackwood      | F-(Sen) | Cambuslang Harriers                 | 1   |
| 36  | 00:16:40   | 1039 | Clare Stewart         | F-(Sen) | Glasgow University Hares and Hounds | 2   |
| 37  | 0:16:41    | 1107 | Holly Morrison        | F-(Sen) | Shettleston Harriers                | 1   |
| 38  | 0:16:43    | 1024 | Mary McCutcheon       | F-(V55) | Giffnock North AC                   | 1   |
| 39  | 00:16:51   | 1051 | Aimee Claire Anderson | F-(U20) | Inverclyde AC                       | 3   |
| 40  | 0:16:56    | 1090 | Joey Leach            | F-(U20) | Motherwell AC                       | 1   |
| 41  | 00:16:57   | 1044 | Sue Hewitson          | F-(V40) | Greenock Glenpark Harriers          | 3   |
| 42  | 0:16:57    | 966  | Julie Beveridge       | F-(V40) | Calderglen Harriers                 | 1   |
| 43  | 0:16:58    | 953  | Katherine Hylands     | F-(Sen) | Bellahouston Harriers               | 1   |
| 44  | 0:17:01    | 1053 | Abi Hammerman         | F-(U20) | Inverclyde AC                       | 1   |
| 45  | 00:17:03   | 1041 | Tara Walker           | F-(Sen) | Glasgow University Hares and Hounds | 3   |
| 46  | 00:17:03   | 1100 | Amy MacLellan         | F-(Sen) | Shettleston Harriers                | 3   |
| 47  | 00:17:05   | 1021 | Frances Lowrie        | F-(Sen) | Giffnock North AC                   | 2   |
| 48  | 00:17:06   | 1008 | Marian Kelly          | F-(V40) | Garscube Harriers                   | 3   |
| 49  | 0:17:08    | 1011 | Frances Wardle        | F-(Sen) | Garscube Harriers                   | 1   |
| 50  | 0:17:10    | 1080 | Reagan Binnie         | F-(Sen) | Law & District AAC                  | 1   |

## Women split time on any leg

| Pos | Split Time | No   | Runner             | Cat     | Club Name                  | Leg |
|-----|------------|------|--------------------|---------|----------------------------|-----|
| 51  | 0:17:17    | 1057 | Maisie Watson      | F-(Sen) | Inverclyde AC              | 1   |
| 52  | 0:17:19    | 1015 | Emily Crusher      | F-(Sen) | Giffnock North AC          | 1   |
| 53  | 00:17:22   | 1023 | Nicola McBeath     | F-(Sen) | Giffnock North AC          | 3   |
| 54  | 00:17:31   | 1091 | Emma Morris        | F-(Sen) | Motherwell AC              | 3   |
| 55  | 00:17:33   | 977  | Kirsty O'Brien     | F-(Sen) | Cambuslang Harriers        | 2   |
| 56  | 0:17:37    | 1007 | Laura Gray         | F-(V40) | Garscube Harriers          | 1   |
| 57  | 00:17:39   | 970  | Kirsty Wilson      | F-(Sen) | Calderglen Harriers        | 2   |
| 58  | 00:17:40   | 985  | Carla McClellan    | F-(Sen) | Cumbernauld AAC            | 3   |
| 59  | 00:17:41   | 1066 | Morgan McBurnie    | F-(Sen) | Kilmarnock H&AC            | 3   |
| 60  | 00:17:41   | 1020 | Sheila Lewis       | F-(V55) | Giffnock North AC          | 2   |
| 61  | 0:17:44    | 956  | Emma Rogerson      | F-(Sen) | Bellahouston Harriers      | 1   |
| 62  | 00:17:47   | 972  | Catriona Bain      | F-(Sen) | Cambuslang Harriers        | 3   |
| 63  | 0:17:48    | 1111 | Lucy Somerville    | F-(Sen) | Shettleston Harriers       | 1   |
| 64  | 00:17:49   | 990  | Charlene Kelly     | F-(Sen) | Dumbarton AAC              | 3   |
| 65  | 00:17:53   | 1027 | Kirsten O'Donoghue | F-(U20) | Giffnock North AC          | 2   |
| 66  | 00:17:53   | 996  | Kelly Baillie      | F-(V40) | East Kilbride AC           | 2   |
| 67  | 0:17:56    | 979  | Sarah Ross         | F-(Sen) | Cambuslang Harriers        | 1   |
| 68  | 0:18:01    | 1047 | Marian Monk        | F-(V45) | Greenock Glenpark Harriers | 1   |
| 69  | 0:18:02    | 1064 | Hannah Burn        | F-(U20) | Kilmarnock H&AC            | 1   |
| 70  | 00:18:07   | 1079 | Jennifer Beattie   | F-(Sen) | Law & District AAC         | 3   |
| 71  | 0:18:09    | 1013 | Hilary Carswell    | F-(V50) | Giffnock North AC          | 1   |
| 72  | 00:18:23   | 1063 | Jennifer Beattie   | F-(Sen) | Kilmarnock H&AC            | 3   |
| 73  | 00:18:23   | 1119 | Nicola Farmer      | F-(U20) | Springburn Harriers        | 2   |
| 74  | 0:18:27    | 999  | Emma Livingstone   | F-(U20) | East Kilbride AC           | 1   |
| 75  | 00:18:30   | 1102 | Kirsty Mann        | F-(Sen) | Shettleston Harriers       | 2   |
| 76  | 00:18:38   | 955  | Claire McCormick   | F-(V50) | Bellahouston Harriers      | 2   |
| 77  | 00:18:41   | 949  | Sarah Paterson     | F-(Sen) | Ayr Seaforth AC            | 3   |
| 78  | 00:18:45   | 983  | Donna Macpherson   | F-(V40) | Cumbernauld AAC            | 2   |
| 79  | 00:18:46   | 1115 | Michelle Callaghan | F-(V50) | Springburn Harriers        | 2   |
| 80  | 00:18:46   | 957  | Rebecca Simister   | F-(Sen) | Bellahouston Harriers      | 3   |
| 81  | 0:18:50    | 992  | Lynsey Lennox      | F-(Sen) | Dumbarton AAC              | 1   |
| 82  | 00:18:50   | 994  | Gemma Leadbetter   | F-(Sen) | Dumfries RC                | 3   |
| 83  | 0:18:54    | 962  | Jane McNeilly      | F-(V40) | Bellahouston RR            | 1   |
| 84  | 00:18:56   | 976  | Jacqueline McLew   | F-(V50) | Cambuslang Harriers        | 2   |
| 85  | 00:18:57   | 984  | Aimee McGoldrick   | F-(Sen) | Cumbernauld AAC            | 2   |
| 86  | 0:19:01    | 947  | Susie Hubbard      | F-(V50) | Ayr Seaforth AC            | 1   |
| 87  | 00:19:08   | 968  | Alison Lessells    | F-(Sen) | Calderglen Harriers        | 3   |
| 88  | 00:19:14   | 945  | Gillian Hannah     | F-(V50) | Ayr Seaforth AC            | 2   |
| 89  | 0:19:18    | 1074 | Maira Paterson     | F-(V50) | Kirkintilloch Olympians    | 1   |
| 90  | 0:19:20    | 978  | Peggy-Nan Rodger   | F-(U20) | Cambuslang Harriers        | 1   |
| 91  | 00:19:21   | 1026 | Caroline Munro     | F-(V45) | Giffnock North AC          | 3   |
| 92  | 00:19:24   | 1082 | Lesley Graham      | F-(Sen) | Law & District AAC         | 2   |
| 93  | 00:19:32   | 1005 | Diane Clark        | F-(V40) | Garscube Harriers          | 3   |
| 94  | 00:19:32   | 995  | Anne Macfarlane    | F-(V55) | Dumfries RC                | 2   |
| 95  | 00:19:32   | 964  | Pauline Wright     | F-(V50) | Bellahouston RR            | 3   |
| 96  | 00:19:37   | 971  | Lynn Angely        | F-(V45) | Cambuslang Harriers        | 2   |
| 97  | 00:19:38   | 967  | Frances Ferguson   | F-(V55) | Calderglen Harriers        | 2   |
| 98  | 00:19:38   | 961  | Laura Henderson    | F-(Sen) | Bellahouston RR            | 3   |
| 99  | 00:19:39   | 951  | Angela Campbell    | F-(V40) | Bellahouston Harriers      | 2   |
| 100 | 00:19:40   | 959  | Hayley Drysdale    | F-(Sen) | Bellahouston RR            | 2   |

## Women split time on any leg

| Pos | Split Time | No   | Runner             | Cat     | Club Name                  | Leg |
|-----|------------|------|--------------------|---------|----------------------------|-----|
| 101 | 00:19:44   | 1062 | Eilidh Ballantyne  | F-(U20) | Kilmarnock H&AC            | 2   |
| 102 | 00:19:46   | 975  | Paula McCabe       | F-(Sen) | Cambuslang Harriers        | 3   |
| 103 | 00:19:49   | 1006 | Amy Cromarty       | F-(Sen) | Garscube Harriers          | 2   |
| 104 | 00:20:01   | 1136 | Rachel McLennan    | F-(Sen) | VP-Glasgow AC              | 2   |
| 105 | 00:20:05   | 1118 | Pauline Doherty    | F-(V50) | Springburn Harriers        | 3   |
| 106 | 00:20:05   | 1105 | Arlene McKenna     | F-(Sen) | Shettleston Harriers       | 3   |
| 107 | 00:20:07   | 1071 | Marina McCallum    | F-(V50) | Kirkintilloch Olympians    | 2   |
| 108 | 0:20:09    | 969  | Julie Thomson      | F-(V40) | Calderglen Harriers        | 1   |
| 109 | 00:20:13   | 1116 | WENDY CAMPBELL     | F-(V40) | Springburn Harriers        | 3   |
| 110 | 00:20:15   | 1019 | Gayle Kennedy      | F-(V45) | Giffnock North AC          | 3   |
| 111 | 00:20:16   | 1001 | Rachael Thomson    | F-(Sen) | East Kilbride AC           | 3   |
| 112 | 0:20:20    | 982  | Heather Allan      | F-(V40) | Cumbernauld AAC            | 1   |
| 113 | 0:20:22    | 980  | Sarah Simpson      | F-(Sen) | Cambuslang Harriers        | 1   |
| 114 | 00:20:37   | 1089 | Phyllis Hands      | F-(V65) | Motherwell AC              | 2   |
| 115 | 0:20:42    | 1135 | Louise Love        | F-(V45) | VP-Glasgow AC              | 1   |
| 116 | 00:20:46   | 991  | Alyson Leader      | F-(V40) | Dumbarton AAC              | 2   |
| 117 | 00:20:50   | 974  | Ana Bradley        | F-(U20) | Cambuslang Harriers        | 3   |
| 118 | 0:20:51    | 1048 | Lynsey Mooney      | F-(Sen) | Greenock Glenpark Harriers | 1   |
| 119 | 0:20:56    | 1003 | Melanie Carmichael | F-(Sen) | Garscube Harriers          | 1   |
| 120 | 00:21:09   | 981  | Rachel Wardrope    | F-(U20) | Cambuslang Harriers        | 2   |
| 121 | 00:21:33   | 1085 | Margaret Newell    | F-(Sen) | Law & District AAC         | 2   |
| 122 | 00:21:33   | 1050 | Cheryl Thomas      | F-(V40) | Greenock Glenpark Harriers | 2   |
| 123 | 0:21:52    | 1126 | Emma Wilson        | F-(V40) | Springburn Harriers        | 1   |
| 124 | 00:21:53   | 1018 | Catriona Gourley   | F-(V55) | Giffnock North AC          | 2   |
| 125 | 00:22:02   | 963  | Roz Wilson         | F-(V50) | Bellahouston RR            | 2   |
| 126 | 0:22:17    | 1000 | Taylor McNamara    | F-(U20) | East Kilbride AC           | 1   |
| 127 | 0:22:34    | 960  | Sarah Edgar        | F-(Sen) | Bellahouston RR            | 1   |
| 128 | 00:22:36   | 954  | June MacLeod       | F-(V60) | Bellahouston Harriers      | 3   |
| 129 | 0:22:41    | 1083 | Vicky Harrison     | F-(V45) | Law & District AAC         | 1   |
| 130 | 00:22:49   | 1017 | Alison Gordon      | F-(V45) | Giffnock North AC          | 3   |
| 131 | 0:22:56    | 1028 | Sarah Smith        | F-(V45) | Giffnock North AC          | 1   |
| 132 | 00:22:59   | 1004 | Morag Casey        | F-(V45) | Garscube Harriers          | 2   |
| 133 | 00:23:10   | 1077 | Ada Stewart        | F-(V55) | Kirkintilloch Olympians    | 3   |
| 134 | 00:23:18   | 1022 | Allison Mathews    | F-(V55) | Giffnock North AC          | 2   |
| 135 | 00:23:46   | 989  | Pauline Younger    | F-(V55) | Cumbernauld AAC            | 3   |
| 136 | 00:24:04   | 1117 | Heidi Cochrane     | F-(V40) | Springburn Harriers        | 3   |
| 137 | 00:24:11   | 1046 | Elaine Medinelli   | F-(V50) | Greenock Glenpark Harriers | 3   |
| 138 | 00:24:55   | 1121 | Rosalind Graham    | F-(V40) | Springburn Harriers        | 2   |
| 139 | 00:24:59   | 1042 | Sandra Devine      | F-(V55) | Greenock Glenpark Harriers | 2   |
| 140 | 00:25:21   | 950  | Lucy Stanley       | F-(U20) | Ayr Seaforth AC            | 2   |



# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                                      | Lap | Pos | Split Time | Runner                |
|-----|------------|------|------------------------------------------------|-----|-----|------------|-----------------------|
| 1   | 0:50:56    | 42   | Giffnock North AC 42 ( Sen )                   | 1   | 2   | 0:12:24    | Hamish Armit          |
|     |            |      |                                                | 2   | 6   | 00:13:50   | Nikolai Gajic         |
|     |            |      |                                                | 3   | 4   | 00:12:45   | Calum Young           |
|     |            |      |                                                | 4   | 1   | 00:11:57   | Duncan Robinson       |
| 2   | 0:50:59    | 52   | Inverclyde AC 52 ( Sen )                       | 1   | 8   | 0:13:07    | Sean Fontana          |
|     |            |      |                                                | 2   | 7   | 00:13:10   | Mark Doherty          |
|     |            |      |                                                | 3   | 3   | 00:12:17   | Ben Potrykus          |
|     |            |      |                                                | 4   | 2   | 00:12:25   | Ross Gray             |
| 3   | 0:51:08    | 12   | Cambuslang Harriers 12 ( Sen )                 | 1   | 3   | 0:12:31    | Kevan Harvey          |
|     |            |      |                                                | 2   | 3   | 00:12:57   | Jamie MacKinnon       |
|     |            |      |                                                | 3   | 1   | 00:12:39   | Michael Christoforou  |
|     |            |      |                                                | 4   | 3   | 00:13:01   | Fraser Stewart        |
| 4   | 0:51:55    | 60   | Kilbarchan AAC 60 ( Sen )                      | 1   | 7   | 0:13:04    | Robbie Ferguson       |
|     |            |      |                                                | 2   | 4   | 00:12:27   | Lewis Hannigan        |
|     |            |      |                                                | 3   | 2   | 00:12:44   | Callum Matthews       |
|     |            |      |                                                | 4   | 4   | 00:13:40   | Lewis Barclay         |
| 5   | 0:52:01    | 75   | Shettleston Harriers 75 ( Sen )                | 1   | 1   | 0:12:03    | Lachlan Oates         |
|     |            |      |                                                | 2   | 1   | 00:12:52   | Christopher McGarrity |
|     |            |      |                                                | 3   | 5   | 00:14:14   | Adam Peters           |
|     |            |      |                                                | 4   | 5   | 00:12:52   | Jamie Burns           |
| 6   | 0:52:22    | 13   | Cambuslang Harriers 13 ( Sen )                 | 1   | 4   | 0:12:38    | Christopher McLew     |
|     |            |      |                                                | 2   | 5   | 00:13:11   | Iain MacCorquodale    |
|     |            |      |                                                | 3   | 7   | 00:13:42   | Colin Reilly          |
|     |            |      |                                                | 4   | 6   | 00:12:51   | Craig Jardine         |
| 7   | 0:52:24    | 44   | Glasgow University Hares and Hounds 44 ( Sen ) | 1   | 5   | 0:12:40    | Finlay Todd           |
|     |            |      |                                                | 2   | 2   | 00:12:41   | Magnus Tait           |
|     |            |      |                                                | 3   | 6   | 00:13:50   | Andrew Carey          |
|     |            |      |                                                | 4   | 7   | 00:13:13   | Stephen Addison       |
| 8   | 0:53:24    | 28   | East Kilbride AC 28 ( Sen )                    | 1   | 12  | 0:13:34    | Jamie Clements        |
|     |            |      |                                                | 2   | 9   | 00:13:18   | Grant Baillie         |
|     |            |      |                                                | 3   | 8   | 00:13:37   | David Ross            |
|     |            |      |                                                | 4   | 8   | 00:12:55   | Daryl Reid            |
| 9   | 0:54:45    | 53   | Inverclyde AC 53 ( Sen )                       | 1   | 13  | 0:13:37    | Josh Law              |
|     |            |      |                                                | 2   | 12  | 00:13:27   | Colin Doherty         |
|     |            |      |                                                | 3   | 9   | 00:13:37   | Dylan Crawford        |
|     |            |      |                                                | 4   | 9   | 00:14:04   | David Tamburini       |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                             | Lap | Pos | Split Time | Runner            |
|-----|------------|------|---------------------------------------|-----|-----|------------|-------------------|
| 10  | 0:55:36    | 34   | Garscube Harriers 34 ( Sen )          | 1   | 6   | 0:12:53    | Finlay Ross-Davie |
|     |            |      |                                       | 2   | 8   | 00:13:34   | Donald Mcpartlin  |
|     |            |      |                                       | 3   | 10  | 00:14:32   | Jamie Flaherty    |
|     |            |      |                                       | 4   | 10  | 00:14:37   | Timothy Martin    |
| 11  | 0:56:03    | 6    | Bellahouston RR 6 ( Sen )             | 1   | 33  | 0:14:39    | James Montgomery  |
|     |            |      |                                       | 2   | 21  | 00:13:54   | Alan Moss         |
|     |            |      |                                       | 3   | 17  | 00:14:12   | Grant Murphy      |
|     |            |      |                                       | 4   | 11  | 00:13:18   | Tony Connelly     |
| 12  | 0:56:10    | 17   | Cambuslang Harriers 17 ( Mas )        | 1   | 30  | 0:14:33    | George Pettit     |
|     |            |      |                                       | 2   | 23  | 00:14:18   | Justin Carter     |
|     |            |      |                                       | 3   | 13  | 00:13:22   | Gordon Robertson  |
|     |            |      |                                       | 4   | 12  | 00:13:57   | Stephen Wylie     |
| 13  | 0:56:51    | 33   | Garscube Harriers 33 ( Mas )          | 1   | 18  | 0:14:04    | Finlay Finlay     |
|     |            |      |                                       | 2   | 19  | 00:14:27   | Daniel Scroop     |
|     |            |      |                                       | 3   | 16  | 00:14:00   | John Coyle        |
|     |            |      |                                       | 4   | 13  | 00:14:20   | James MacLeod     |
| 14  | 0:57:00    | 48   | Greenock Glenpark Harriers 48 ( Sen ) | 1   | 35  | 0:14:55    | Paul Monaghan     |
|     |            |      |                                       | 2   | 18  | 00:13:35   | Neil Lafferty     |
|     |            |      |                                       | 3   | 12  | 00:13:38   | Stuart Greenway   |
|     |            |      |                                       | 4   | 14  | 00:14:52   | Oliver Reilly     |
| 15  | 0:57:08    | 14   | Cambuslang Harriers 14 ( Sen )        | 1   | 26  | 0:14:22    | Theo Carter       |
|     |            |      |                                       | 2   | 17  | 00:14:07   | Michael Black     |
|     |            |      |                                       | 3   | 15  | 00:13:47   | Zak Povey         |
|     |            |      |                                       | 4   | 15  | 00:14:52   | Ross Stephen      |
| 16  | 0:57:11    | 63   | Kilmarnock H&AC 63 ( Sen )            | 1   | 10  | 0:13:14    | Martin Brown      |
|     |            |      |                                       | 2   | 11  | 00:13:46   | Craig Ferguson    |
|     |            |      |                                       | 3   | 11  | 00:15:06   | David Sherrington |
|     |            |      |                                       | 4   | 16  | 00:15:05   | John Speirs       |
| 17  | 0:57:14    | 3    | Bellahouston Harriers 3 ( Sen )       | 1   | 9   | 0:13:11    | Greg Templeton    |
|     |            |      |                                       | 2   | 15  | 00:14:48   | Darren McQuade    |
|     |            |      |                                       | 3   | 20  | 00:15:12   | Paul Clawson      |
|     |            |      |                                       | 4   | 17  | 00:14:03   | Colin Thomas      |
| 18  | 0:57:40    | 38   | Giffnock North AC 38 ( Sen )          | 1   | 20  | 0:14:09    | Jacob Luc         |
|     |            |      |                                       | 2   | 22  | 00:14:35   | Ruairidh MacLean  |
|     |            |      |                                       | 3   | 19  | 00:14:12   | Oliver Traynor    |
|     |            |      |                                       | 4   | 18  | 00:14:44   | Jordan Orr        |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                                      | Lap | Pos | Split Time | Runner            |
|-----|------------|------|------------------------------------------------|-----|-----|------------|-------------------|
| 19  | 0:58:01    | 86   | Westerlands CCC 86 ( Sen )                     | 1   | 15  | 0:13:45    | Thomas Callan     |
|     |            |      |                                                | 2   | 13  | 00:13:41   | Del Young         |
|     |            |      |                                                | 3   | 14  | 00:14:48   | Niall McAlinden   |
|     |            |      |                                                | 4   | 19  | 00:15:47   | James Bowden      |
| 20  | 0:58:24    | 68   | Law & District AAC 68 ( Sen )                  | 1   | 11  | 0:13:32    | James Gillon      |
|     |            |      |                                                | 2   | 10  | 00:13:23   | Kieran Pugh       |
|     |            |      |                                                | 3   | 18  | 00:16:00   | James McClafferty |
|     |            |      |                                                | 4   | 20  | 00:15:29   | Matthew Gillon    |
| 21  | 0:58:30    | 81   | Springburn Harriers 81 ( Sen )                 | 1   | 28  | 0:14:28    | Jack McCabe       |
|     |            |      |                                                | 2   | 26  | 00:14:56   | Daniel Bond       |
|     |            |      |                                                | 3   | 21  | 00:14:02   | Yacoub Bahar      |
|     |            |      |                                                | 4   | 21  | 00:15:04   | Andy Norris       |
| 22  | 0:59:03    | 29   | East Kilbride AC 29 ( Sen )                    | 1   | 25  | 0:14:20    | Jack Kirwan       |
|     |            |      |                                                | 2   | 16  | 00:13:57   | Martin Lynas      |
|     |            |      |                                                | 3   | 23  | 00:15:32   | Luke Kirwan       |
|     |            |      |                                                | 4   | 22  | 00:15:14   | Gary Craig        |
| 23  | 0:59:13    | 20   | Cumbernauld AAC 20 ( Mas )                     | 1   | 24  | 0:14:19    | Stephen Allen     |
|     |            |      |                                                | 2   | 24  | 00:14:52   | Martin Fitchie    |
|     |            |      |                                                | 3   | 24  | 00:15:20   | David Hogg        |
|     |            |      |                                                | 4   | 23  | 00:14:42   | Allan Cameron     |
| 24  | 0:59:56    | 54   | Inverclyde AC 54 ( Sen )                       | 1   | 27  | 0:14:26    | Lewis Hainey      |
|     |            |      |                                                | 2   | 20  | 00:14:06   | Jon Hammerman     |
|     |            |      |                                                | 3   | 22  | 00:15:01   | Paul Friend       |
|     |            |      |                                                | 4   | 24  | 00:16:23   | Robert Gray       |
| 25  | 0:60:22    | 4    | Bellahouston Harriers 4 ( Sen )                | 1   | 37  | 0:15:03    | Duncan Anderson   |
|     |            |      |                                                | 2   | 28  | 00:15:01   | David Mackintosh  |
|     |            |      |                                                | 3   | 25  | 00:14:39   | Fred Allingham    |
|     |            |      |                                                | 4   | 25  | 00:15:39   | Fraser Armstrong  |
| 26  | 0:60:29    | 45   | Glasgow University Hares and Hounds 45 ( Sen ) | 1   | 23  | 0:14:16    | Keir Crawford     |
|     |            |      |                                                | 2   | 38  | 00:16:51   | Ben Brown         |
|     |            |      |                                                | 3   | 31  | 00:15:10   | Drew Galloway     |
|     |            |      |                                                | 4   | 26  | 00:14:12   | Iain McWhinnie    |
| 27  | 0:60:36    | 1    | Ayr Seaforth AC 1 ( Sen )                      | 1   | 51  | 0:16:29    | Peter Maclean     |
|     |            |      |                                                | 2   | 34  | 00:14:11   | Brian Robinson    |
|     |            |      |                                                | 3   | 32  | 00:15:48   | Joseph Burns      |
|     |            |      |                                                | 4   | 27  | 00:14:08   | Euan Webster      |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                             | Lap | Pos | Split Time | Runner           |
|-----|------------|------|---------------------------------------|-----|-----|------------|------------------|
| 28  | 0:60:38    | 18   | Cambuslang Harriers 18 ( Mas )        | 1   | 36  | 0:15:02    | Mark Gallacher   |
|     |            |      |                                       | 2   | 29  | 00:15:15   | Mark King        |
|     |            |      |                                       | 3   | 29  | 00:15:17   | Michael O'Hagan  |
|     |            |      |                                       | 4   | 28  | 00:15:04   | Iain Nicholl     |
| 29  | 0:60:41    | 77   | Shettleston Harriers 77 ( Mas )       | 1   | 31  | 0:14:34    | John Connaghan   |
|     |            |      |                                       | 2   | 35  | 00:16:18   | Mark McColl      |
|     |            |      |                                       | 3   | 26  | 00:13:56   | Paul Sorrie      |
|     |            |      |                                       | 4   | 29  | 00:15:53   | John Duffy       |
| 30  | 0:61:37    | 49   | Greenock Glenpark Harriers 49 ( Sen ) | 1   | 44  | 0:15:35    | Gordon Hepburn   |
|     |            |      |                                       | 2   | 33  | 00:14:54   | Steven Campbell  |
|     |            |      |                                       | 3   | 28  | 00:14:55   | Shaun Wiseman    |
|     |            |      |                                       | 4   | 30  | 00:16:13   | Stephen Hanley   |
| 31  | 0:62:03    | 76   | Shettleston Harriers 76 ( Sen )       | 1   | 39  | 0:15:08    | Daniel Lowe      |
|     |            |      |                                       | 2   | 25  | 00:14:13   | Michael Paxton   |
|     |            |      |                                       | 3   | 27  | 00:15:34   | David I Houston  |
|     |            |      |                                       | 4   | 31  | 00:17:08   | Stephen Clark    |
| 32  | 0:62:19    | 35   | Garscube Harriers 35 ( Sen )          | 1   | 34  | 0:14:44    | Jordan Queen     |
|     |            |      |                                       | 2   | 32  | 00:15:44   | Alex Chalmers    |
|     |            |      |                                       | 3   | 33  | 00:16:04   | Stephen Craig    |
|     |            |      |                                       | 4   | 32  | 00:15:47   | Duncan McKellar  |
| 33  | 0:62:30    | 21   | Cumbernauld AAC 21 ( Mas )            | 1   | 43  | 0:15:34    | Paul Stoddart    |
|     |            |      |                                       | 2   | 40  | 00:16:00   | Robert Keenan    |
|     |            |      |                                       | 3   | 34  | 00:15:45   | Ross McEachern   |
|     |            |      |                                       | 4   | 33  | 00:15:11   | Paul McMonagle   |
| 34  | 0:62:43    | 58   | Irvine RC 58 ( Sen )                  | 1   | 41  | 0:15:19    | Scott Brown      |
|     |            |      |                                       | 2   | 39  | 00:15:49   | Cameron Blades   |
|     |            |      |                                       | 3   | 39  | 00:16:49   | Colin Miller     |
|     |            |      |                                       | 4   | 34  | 00:14:46   | Craig Houston    |
| 35  | 0:63:11    | 39   | Giffnock North AC 39 ( Sen )          | 1   | 45  | 0:15:43    | Donald Maclean   |
|     |            |      |                                       | 2   | 44  | 00:16:19   | Daniel Mckenna   |
|     |            |      |                                       | 3   | 37  | 00:15:31   | Andrew Robertson |
|     |            |      |                                       | 4   | 35  | 00:15:38   | Scott Wilson     |
| 36  | 0:63:21    | 15   | Cambuslang Harriers 15 ( Sen )        | 1   | 22  | 0:14:12    | Richard Carr     |
|     |            |      |                                       | 2   | 27  | 00:15:51   | Chris Smith      |
|     |            |      |                                       | 3   | 35  | 00:17:19   | Simon Gold       |
|     |            |      |                                       | 4   | 36  | 00:15:59   | Frank McGowan    |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                                      | Lap | Pos | Split Time | Runner            |
|-----|------------|------|------------------------------------------------|-----|-----|------------|-------------------|
| 37  | 0:63:31    | 46   | Glasgow University Hares and Hounds 46 ( Sen ) | 1   | 17  | 0:13:58    | Mark Irvine       |
|     |            |      |                                                | 2   | 36  | 00:17:03   | Rohan O'Hare      |
|     |            |      |                                                | 3   | 36  | 00:16:28   | Nick Baughan      |
|     |            |      |                                                | 4   | 37  | 00:16:02   | Matthew Smith     |
| 38  | 0:65:10    | 19   | Cambuslang Harriers 19 ( Mas )                 | 1   | 40  | 0:15:13    | Chris Upson       |
|     |            |      |                                                | 2   | 42  | 00:16:24   | David Thom        |
|     |            |      |                                                | 3   | 41  | 00:16:44   | Francis Hurley    |
|     |            |      |                                                | 4   | 38  | 00:16:49   | Des Dickson       |
| 39  | 0:65:13    | 40   | Giffnock North AC 40 ( Mas )                   | 1   | 50  | 0:16:21    | Rob Crusher       |
|     |            |      |                                                | 2   | 50  | 00:17:40   | Andrew Munro      |
|     |            |      |                                                | 3   | 44  | 00:15:26   | Ted Gourley       |
|     |            |      |                                                | 4   | 39  | 00:15:46   | Jeremy Fellick    |
| 40  | 0:65:14    | 64   | Kilmarnock H&AC 64 ( Sen )                     | 1   | 42  | 0:15:23    | Nathan Smith      |
|     |            |      |                                                | 2   | 30  | 00:14:59   | Robert Lindsay    |
|     |            |      |                                                | 3   | 30  | 00:15:50   | Connell Drummond  |
|     |            |      |                                                | 4   | 40  | 00:19:02   | Russell Duncan    |
| 41  | 0:65:17    | 7    | Bellahouston RR 7 ( Sen )                      | 1   | 47  | 0:16:09    | Barry Edwards     |
|     |            |      |                                                | 2   | 46  | 00:16:55   | Jamie Robinson    |
|     |            |      |                                                | 3   | 43  | 00:16:20   | Chris Allan       |
|     |            |      |                                                | 4   | 41  | 00:15:53   | Alan Digweed      |
| 42  | 0:65:33    | 22   | Cumbernauld AAC 22 ( Sen )                     | 1   | 38  | 0:15:03    | Louis O'Hare      |
|     |            |      |                                                | 2   | 43  | 00:16:54   | Robert Bartley    |
|     |            |      |                                                | 3   | 42  | 00:16:31   | Scott Calderhead  |
|     |            |      |                                                | 4   | 42  | 00:17:05   | Sean Casey        |
| 43  | 0:66:34    | 82   | VP-Glasgow AC 82 ( Mas )                       | 1   | 32  | 0:14:37    | Graeme Laing      |
|     |            |      |                                                | 2   | 37  | 00:16:29   | Gerard Craig      |
|     |            |      |                                                | 3   | 38  | 00:16:48   | Sandy Gardner     |
|     |            |      |                                                | 4   | 43  | 00:18:40   | Douglas Bain      |
| 44  | 0:66:41    | 30   | East Kilbride AC 30 ( Sen )                    | 1   | 62  | 0:18:15    | Kieran Duncan     |
|     |            |      |                                                | 2   | 49  | 00:15:37   | Cameron MacDonald |
|     |            |      |                                                | 3   | 47  | 00:16:42   | David Thomson     |
|     |            |      |                                                | 4   | 44  | 00:16:07   | Niall Walker      |
| 45  | 0:67:56    | 10   | Calderglen Harriers 10 ( Mas )                 | 1   | 53  | 0:16:54    | Graeme Lindsay    |
|     |            |      |                                                | 2   | 51  | 00:17:19   | Stephen Phimister |
|     |            |      |                                                | 3   | 45  | 00:15:38   | Alan Derrick      |
|     |            |      |                                                | 4   | 45  | 00:18:05   | Jim Holmes        |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                     | Lap | Pos | Split Time | Runner           |
|-----|------------|------|-------------------------------|-----|-----|------------|------------------|
| 46  | 0:68:28    | 83   | VP-Glasgow AC 83 ( Sen )      | 1   | 52  | 0:16:48    | Craig Johnstone  |
|     |            |      |                               | 2   | 48  | 00:16:34   | Stuart Kelly     |
|     |            |      |                               | 3   | 49  | 00:17:26   | Ralph Connolly   |
|     |            |      |                               | 4   | 46  | 00:17:40   | Tom Ord          |
| 47  | 0:68:56    | 25   | Dumbarton AAC 25 ( Sen )      | 1   | 21  | 0:14:11    | Craig Prior      |
|     |            |      |                               | 2   | 41  | 00:17:25   | William Goldie   |
|     |            |      |                               | 3   | 46  | 00:18:16   | Tom Butler       |
|     |            |      |                               | 4   | 47  | 00:19:04   | John Mackenzie   |
| 48  | 0:69:34    | 69   | Law & District AAC 69 ( Sen ) | 1   | 61  | 0:17:41    | Finn Milligan    |
|     |            |      |                               | 2   | 47  | 00:15:40   | Richard Beattie  |
|     |            |      |                               | 3   | 50  | 00:18:07   | Mark Milligan    |
|     |            |      |                               | 4   | 48  | 00:18:06   | Jim Gillon       |
| 49  | 0:69:35    | 8    | Bellahouston RR 8 ( Mas )     | 1   | 49  | 0:16:16    | John Mackenzie   |
|     |            |      |                               | 2   | 61  | 00:19:47   | Tony Breslin     |
|     |            |      |                               | 3   | 53  | 00:16:47   | Kenneth Crawford |
|     |            |      |                               | 4   | 49  | 00:16:45   | Andrew Allen     |
| 50  | 0:70:13    | 72   | Motherwell AC 72 ( Mas )      | 1   | 67  | 0:19:27    | David Hoolaghan  |
|     |            |      |                               | 2   | 58  | 00:16:25   | Mark Ellis       |
|     |            |      |                               | 3   | 55  | 00:17:13   | Alan Strang      |
|     |            |      |                               | 4   | 50  | 00:17:08   | Robert Pattinson |
| 51  | 0:70:20    | 36   | Garscube Harriers 36 ( Sen )  | 1   | 57  | 0:17:24    | Athole Smith     |
|     |            |      |                               | 2   | 52  | 00:17:05   | Patrick Gibbons  |
|     |            |      |                               | 3   | 57  | 00:19:10   | Stephen Wilson   |
|     |            |      |                               | 4   | 51  | 00:16:41   | David McKay      |
| 52  | 0:70:41    | 9    | Calderglen Harriers 9 ( Sen ) | 1   | 48  | 0:16:14    | Kevin Farmer     |
|     |            |      |                               | 2   | 57  | 00:19:27   | Richard Beaton   |
|     |            |      |                               | 3   | 51  | 00:16:07   | Callum Wright    |
|     |            |      |                               | 4   | 52  | 00:18:53   | Jim Mearns       |
| 53  | 0:70:48    | 85   | Westerlands CCC 85 ( Mas )    | 1   | 63  | 0:18:28    | John Quinn       |
|     |            |      |                               | 2   | 62  | 00:18:04   | Daniel Reid      |
|     |            |      |                               | 3   | 54  | 00:16:32   | Ian Thurlbeck    |
|     |            |      |                               | 4   | 53  | 00:17:44   | David Calder     |
| 54  | 0:71:25    | 31   | East Kilbride AC 31 ( Mas )   | 1   | 55  | 0:17:07    | Keith Charters   |
|     |            |      |                               | 2   | 54  | 00:17:52   | Michael Carlin   |
|     |            |      |                               | 3   | 56  | 00:18:10   | Graeme Haddow    |
|     |            |      |                               | 4   | 54  | 00:18:16   | Gordon Colvin    |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                          | Lap | Pos | Split Time | Runner             |
|-----|------------|------|------------------------------------|-----|-----|------------|--------------------|
| 55  | 0:73:20    | 80   | Springburn Harriers 80 ( Sen )     | 1   | 56  | 0:17:20    | George Papadakis   |
|     |            |      |                                    | 2   | 53  | 00:17:16   | Andrew Smith       |
|     |            |      |                                    | 3   | 52  | 00:18:14   | Gary Blackwood     |
|     |            |      |                                    | 4   | 55  | 00:20:30   | Euan Kenny         |
| 56  | 0:74:07    | 65   | Kilmarnock H&AC 65 ( Sen )         | 1   | 66  | 0:18:52    | Stephen Mcdowell   |
|     |            |      |                                    | 2   | 63  | 00:18:42   | Mark Lyden         |
|     |            |      |                                    | 3   | 60  | 00:18:50   | Stewart McRoberts  |
|     |            |      |                                    | 4   | 56  | 00:17:43   | Stewart McAllister |
| 57  | 0:75:33    | 70   | Law & District AAC 70 ( Sen )      | 1   | 68  | 0:19:36    | John O'Leary       |
|     |            |      |                                    | 2   | 65  | 00:21:06   | Moazzam Hussain    |
|     |            |      |                                    | 3   | 62  | 00:18:37   | Conor Butters      |
|     |            |      |                                    | 4   | 57  | 00:16:14   | Martin Kay         |
| 58  | 0:75:42    | 16   | Cambuslang Harriers 16 ( Mas )     | 1   | 54  | 0:17:02    | Scott Hunter       |
|     |            |      |                                    | 2   | 59  | 00:18:59   | Edward Carr        |
|     |            |      |                                    | 3   | 61  | 00:20:41   | Peter Ogden        |
|     |            |      |                                    | 4   | 58  | 00:19:00   | Stephen Leonard    |
| --  | xx:xx:xx   | 2    | Bellahouston RR Incomplete ( Sen ) | 1   | 58  | 0:17:32    | Martin Murphy      |
|     |            |      |                                    | 2   |     | xxxx       | xxxx               |
|     |            |      |                                    | 3   |     | xxxx       | xxxx               |
|     |            |      |                                    | 4   |     | xxxx       | xxxx               |
| --  | xx:xx:xx   | 5    | Bellahouston Harriers 5 ( Sen )    | 1   | 46  | 0:15:45    | Donald MacLaren    |
|     |            |      |                                    | 2   | 55  | 00:19:46   | Gordon Gallacher   |
|     |            |      |                                    | 3   |     | xxxx       | xxxx               |
|     |            |      |                                    | 4   |     | xxxx       | xxxx               |
| --  | xx:xx:xx   | 11   | Caldergleng Harriers 11 ( Sen )    | 1   | 69  | 0:19:44    | Gordon McInally    |
|     |            |      |                                    | 2   | 67  | 00:22:56   | Russell Couper     |
|     |            |      |                                    | 3   |     | xxxx       | xxxx               |
|     |            |      |                                    | 4   |     | xxxx       | xxxx               |
| --  | xx:xx:xx   | 23   | Cumbernauld AAC 23 ( Sen )         | 1   | 14  | 0:13:39    | Alasdair McMonagle |
|     |            |      |                                    | 2   |     | xxxx       | xxxx               |
|     |            |      |                                    | 3   |     | xxxx       | xxxx               |
|     |            |      |                                    | 4   |     | xxxx       | xxxx               |
| --  | xx:xx:xx   | 37   | Garscube Harriers 37 ( Sen )       | 1   | 65  | 0:18:48    | James Boyle        |
|     |            |      |                                    | 2   | 64  | 00:21:52   | Stuart Irvine      |
|     |            |      |                                    | 3   |     | xxxx       | xxxx               |
|     |            |      |                                    | 4   |     | xxxx       | xxxx               |

# Mens Team Categories - All

| Pos | Total Time | Team | Team Name                             | Lap | Pos | Split Time | Runner                  |
|-----|------------|------|---------------------------------------|-----|-----|------------|-------------------------|
| --  | xx:xx:xx   | 43   | Glasgow SOS 43 ( Sen )                | 1   | 29  | 0:14:30    | Matthew Stewart         |
|     |            |      |                                       | 2   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 3   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 50   | Greenock Glenpark Harriers 50 ( Sen ) | 1   | 60  | 0:17:40    | James Doherty           |
|     |            |      |                                       | 2   | 56  | 00:17:55   | Alan O'Rourke           |
|     |            |      |                                       | 3   | 58  | 00:19:28   | Frank McMahon           |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 61   | Kilbarchan AAC 61 ( Sen )             | 1   | 16  | 0:13:57    | Scott MacAulay          |
|     |            |      |                                       | 2   | 14  | 00:13:31   | Ewan McKerral           |
|     |            |      |                                       | 3   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 66   | Kilmarnock H&AC 66 ( Sen )            | 1   | 70  | 0:21:08    | Stuart Nibloe           |
|     |            |      |                                       | 2   | 66  | 00:20:06   | Leslie James Mc Derment |
|     |            |      |                                       | 3   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 73   | Motherwell AC 73 ( Sen )              | 1   | 64  | 0:18:46    | Craig Morris            |
|     |            |      |                                       | 2   | 60  | 00:17:16   | Scott Dickson           |
|     |            |      |                                       | 3   | 59  | 00:19:53   | John Burns              |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 74   | Red Star AC 74 ( Sen )                | 1   | 19  | 0:14:06    | Kieran McGhee           |
|     |            |      |                                       | 2   | 31  | 00:16:17   | Darren Carruthers       |
|     |            |      |                                       | 3   | 40  | 00:17:57   | Stuart Gebbie           |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 78   | Shettleston Harriers 78 ( Mas )       | 1   | 59  | 0:17:38    | Mark Grant              |
|     |            |      |                                       | 2   | 45  | 00:14:47   | Brian McGarrity         |
|     |            |      |                                       | 3   | 48  | 00:18:10   | Richard Millar          |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |
| --  | xx:xx:xx   | 84   | VP-Glasgow AC 84 ( Sen )              | 1   | 71  | 0:24:58    | Gregory Gontor          |
|     |            |      |                                       | 2   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 3   |     | xxxx       | xxxx                    |
|     |            |      |                                       | 4   |     | xxxx       | xxxx                    |



# Men split time on any leg

| Pos | Split Time | No  | Runner                | Cat     | Club Name                           | Leg |
|-----|------------|-----|-----------------------|---------|-------------------------------------|-----|
| 1   | 00:11:57   | 709 | Duncan Robinson       | M-(U20) | Giffnock North AC                   | 4   |
| 2   | 0:12:03    | 887 | Lachlan Oates         | M-(Sen) | Shettleston Harriers                | 1   |
| 3   | 00:12:17   | 768 | Ben Potrykus          | M-(Sen) | Inverclyde AC                       | 3   |
| 4   | 0:12:24    | 681 | Hamish Armit          | M-(U20) | Giffnock North AC                   | 1   |
| 5   | 00:12:25   | 758 | Ross Gray             | M-(Sen) | Inverclyde AC                       | 4   |
| 6   | 00:12:27   | 787 | Lewis Hannigan        | M-(U20) | Kilbarchan AAC                      | 2   |
| 7   | 0:12:31    | 582 | Kevan Harvey          | M-(Sen) | Cambuslang Harriers                 | 1   |
| 8   | 0:12:38    | 596 | Christopher McLew     | M-(U20) | Cambuslang Harriers                 | 1   |
| 9   | 00:12:39   | 576 | Michael Christoforou  | M-(Sen) | Cambuslang Harriers                 | 3   |
| 10  | 0:12:40    | 732 | Finlay Todd           | M-(Sen) | Glasgow University Hares and Hounds | 1   |
| 11  | 00:12:41   | 731 | Magnus Tait           | M-(Sen) | Glasgow University Hares and Hounds | 2   |
| 12  | 00:12:44   | 793 | Calum Matthews        | M-(Sen) | Kilbarchan AAC                      | 3   |
| 13  | 00:12:45   | 717 | Calum Young           | M-(Sen) | Giffnock North AC                   | 3   |
| 14  | 00:12:51   | 586 | Craig Jardine         | M-(Sen) | Cambuslang Harriers                 | 4   |
| 15  | 00:12:52   | 858 | Jamie Burns           | M-(Sen) | Shettleston Harriers                | 4   |
| 16  | 00:12:52   | 881 | Christopher McGarrity | M-(Sen) | Shettleston Harriers                | 2   |
| 17  | 0:12:53    | 676 | Finlay Ross-Davie     | M-(U20) | Garscube Harriers                   | 1   |
| 18  | 00:12:55   | 658 | Daryl Reid            | M-(Sen) | East Kilbride AC                    | 4   |
| 19  | 00:12:57   | 591 | Jamie MacKinnon       | M-(Sen) | Cambuslang Harriers                 | 2   |
| 20  | 00:13:01   | 608 | Fraser Stewart        | M-(Sen) | Cambuslang Harriers                 | 4   |
| 21  | 0:13:04    | 786 | Robbie Ferguson       | M-(Sen) | Kilbarchan AAC                      | 1   |
| 22  | 0:13:07    | 754 | Sean Fontana          | M-(Sen) | Inverclyde AC                       | 1   |
| 23  | 00:13:10   | 753 | Mark Doherty          | M-(Sen) | Inverclyde AC                       | 2   |
| 24  | 0:13:11    | 530 | Greg Templeton        | M-(Sen) | Bellahouston Harriers               | 1   |
| 25  | 00:13:11   | 589 | Iain MacCorquodale    | M-(Sen) | Cambuslang Harriers                 | 2   |
| 26  | 00:13:13   | 719 | Stephen Addison       | M-(Sen) | Glasgow University Hares and Hounds | 4   |
| 27  | 0:13:14    | 801 | Martin Brown          | M-(Sen) | Kilmarnock H&AC                     | 1   |
| 28  | 00:13:18   | 535 | Tony Connelly         | M-(Sen) | Bellahouston RR                     | 4   |
| 29  | 00:13:18   | 642 | Grant Bailie          | M-(V40) | East Kilbride AC                    | 2   |
| 30  | 00:13:22   | 603 | Gordon Robertson      | M-(V40) | Cambuslang Harriers                 | 3   |
| 31  | 00:13:23   | 840 | Kieran Pugh           | M-(Sen) | Law & District AAC                  | 2   |
| 32  | 00:13:27   | 752 | Colin Doherty         | M-(Sen) | Inverclyde AC                       | 2   |
| 33  | 00:13:31   | 796 | Ewan McKerrall        | M-(Sen) | Kilbarchan AAC                      | 2   |
| 34  | 0:13:32    | 830 | James Gillon          | M-(Sen) | Law & District AAC                  | 1   |
| 35  | 0:13:34    | 645 | Jamie Clements        | M-(Sen) | East Kilbride AC                    | 1   |
| 36  | 00:13:34   | 674 | Donald Mcpartlin      | M-(Sen) | Garscube Harriers                   | 2   |
| 37  | 00:13:35   | 739 | Neil Lafferty         | M-(V40) | Greenock Glenpark Harriers          | 2   |
| 38  | 00:13:37   | 751 | Dylan Crawford        | M-(Sen) | Inverclyde AC                       | 3   |
| 39  | 0:13:37    | 767 | Josh Law              | M-(U20) | Inverclyde AC                       | 1   |
| 40  | 00:13:37   | 659 | David Ross            | M-(V40) | East Kilbride AC                    | 3   |
| 41  | 00:13:38   | 736 | Stuart Greenway       | M-(Sen) | Greenock Glenpark Harriers          | 3   |
| 42  | 0:13:39    | 628 | Alasdair McMonagle    | M-(U20) | Cumbernauld AAC                     | 1   |
| 43  | 00:13:40   | 784 | Lewis Barclay         | M-(U20) | Kilbarchan AAC                      | 4   |
| 44  | 00:13:41   | 943 | Del Young             | M-(Sen) | Westerlands CCC                     | 2   |
| 45  | 00:13:42   | 602 | Colin Reilly          | M-(Sen) | Cambuslang Harriers                 | 3   |
| 46  | 0:13:45    | 934 | Thomas Callan         | M-(Sen) | Westerlands CCC                     | 1   |
| 47  | 00:13:46   | 804 | Craig Ferguson        | M-(Sen) | Kilmarnock H&AC                     | 2   |
| 48  | 00:13:47   | 601 | Zak Povey             | M-(U20) | Cambuslang Harriers                 | 3   |
| 49  | 00:13:50   | 722 | Andrew Carey          | M-(Sen) | Glasgow University Hares and Hounds | 3   |
| 50  | 00:13:50   | 689 | Nikolai Gajic         | M-(Sen) | Giffnock North AC                   | 2   |

# Men split time on any leg

| Pos | Split Time | No  | Runner           | Cat     | Club Name                           | Leg |
|-----|------------|-----|------------------|---------|-------------------------------------|-----|
| 51  | 00:13:54   | 542 | Alan Moss        | M-(Sen) | Bellahouston RR                     | 2   |
| 52  | 00:13:56   | 898 | Paul Sorrie      | M-(V40) | Shettleston Harriers                | 3   |
| 53  | 00:13:57   | 611 | Stephen Wylie    | M-(V45) | Cambuslang Harriers                 | 4   |
| 54  | 0:13:57    | 791 | Scott MacAulay   | M-(Sen) | Kilbarchan AAC                      | 1   |
| 55  | 00:13:57   | 656 | Martin Lynas     | M-(Sen) | East Kilbride AC                    | 2   |
| 56  | 0:13:58    | 726 | Mark Irvine      | M-(Sen) | Glasgow University Hares and Hounds | 1   |
| 57  | 00:14:00   | 664 | John Coyle       | M-(V45) | Garscube Harriers                   | 3   |
| 58  | 00:14:02   | 906 | Yacoub Bahar     | M-(Sen) | Springburn Harriers                 | 3   |
| 59  | 00:14:03   | 531 | Colin Thomas     | M-(V40) | Bellahouston Harriers               | 4   |
| 60  | 00:14:04   | 770 | David Tamburini  | M-(V45) | Inverclyde AC                       | 4   |
| 61  | 0:14:04    | 666 | Finlay Finlay    | M-(V40) | Garscube Harriers                   | 1   |
| 62  | 0:14:06    | 852 | Kieran McGhee    | M-(U20) | Red Star AC                         | 1   |
| 63  | 00:14:06   | 761 | Jon Hammerman    | M-(V40) | Inverclyde AC                       | 2   |
| 64  | 00:14:07   | 570 | Michael Black    | M-(U20) | Cambuslang Harriers                 | 2   |
| 65  | 00:14:08   | 519 | Euan Webster     | M-(Sen) | Ayr Seaforth AC                     | 4   |
| 66  | 0:14:09    | 694 | Jacob Luc        | M-(U20) | Giffnock North AC                   | 1   |
| 67  | 0:14:11    | 636 | Craig Prior      | M-(Sen) | Dumbarton AAC                       | 1   |
| 68  | 00:14:11   | 517 | Brian Robinson   | M-(V45) | Ayr Seaforth AC                     | 2   |
| 69  | 00:14:12   | 714 | Oliver Traynor   | M-(Sen) | Giffnock North AC                   | 3   |
| 70  | 00:14:12   | 727 | Iain McWhinnie   | M-(U20) | Glasgow University Hares and Hounds | 4   |
| 71  | 0:14:12    | 573 | Richard Carr     | M-(Sen) | Cambuslang Harriers                 | 1   |
| 72  | 00:14:12   | 544 | Grant Murphy     | M-(Sen) | Bellahouston RR                     | 3   |
| 73  | 00:14:13   | 890 | Michael Paxton   | M-(Sen) | Shettleston Harriers                | 2   |
| 74  | 00:14:14   | 892 | Adam Peters      | M-(Sen) | Shettleston Harriers                | 3   |
| 75  | 0:14:16    | 723 | Keir Crawford    | M-(U20) | Glasgow University Hares and Hounds | 1   |
| 76  | 00:14:18   | 574 | Justin Carter    | M-(V45) | Cambuslang Harriers                 | 2   |
| 77  | 0:14:19    | 613 | Stephen Allen    | M-(V50) | Cumbernauld AAC                     | 1   |
| 78  | 0:14:20    | 654 | Jack Kirwan      | M-(Sen) | East Kilbride AC                    | 1   |
| 79  | 00:14:20   | 670 | James MacLeod    | M-(V40) | Garscube Harriers                   | 4   |
| 80  | 0:14:22    | 575 | Theo Carter      | M-(U20) | Cambuslang Harriers                 | 1   |
| 81  | 0:14:26    | 760 | Lewis Hainey     | M-(U20) | Inverclyde AC                       | 1   |
| 82  | 00:14:27   | 677 | Daniel Scroop    | M-(V45) | Garscube Harriers                   | 2   |
| 83  | 0:14:28    | 912 | Jack McCabe      | M-(Sen) | Springburn Harriers                 | 1   |
| 84  | 0:14:30    | 718 | Matthew Stewart  | M-(U20) | Glasgow School of Sport             | 1   |
| 85  | 00:14:32   | 667 | Jamie Flaherty   | M-(Sen) | Garscube Harriers                   | 3   |
| 86  | 0:14:33    | 600 | George Pettit    | M-(V40) | Cambuslang Harriers                 | 1   |
| 87  | 0:14:34    | 862 | John Connaghan   | M-(V50) | Shettleston Harriers                | 1   |
| 88  | 00:14:35   | 697 | Ruairidh MacLean | M-(Sen) | Giffnock North AC                   | 2   |
| 89  | 00:14:37   | 671 | Timothy Martin   | M-(Sen) | Garscube Harriers                   | 4   |
| 90  | 0:14:37    | 928 | Graeme Laing     | M-(V40) | VP-Glasgow AC                       | 1   |
| 91  | 0:14:39    | 541 | James Montgomery | M-(Sen) | Bellahouston RR                     | 1   |
| 92  | 00:14:39   | 520 | Fred Allingham   | M-(Sen) | Bellahouston Harriers               | 3   |
| 93  | 00:14:42   | 617 | Allan Cameron    | M-(V45) | Cumbernauld AAC                     | 4   |
| 94  | 0:14:44    | 675 | Jordan Queen     | M-(Sen) | Garscube Harriers                   | 1   |
| 95  | 00:14:44   | 706 | Jordan Orr       | M-(Sen) | Giffnock North AC                   | 4   |
| 96  | 00:14:46   | 778 | Craig Houston    | M-(Sen) | Irvine RC                           | 4   |
| 97  | 00:14:47   | 880 | Brian McGarrity  | M-(V40) | Shettleston Harriers                | 2   |
| 98  | 00:14:48   | 529 | Darren McQuade   | M-(Sen) | Bellahouston Harriers               | 2   |
| 99  | 00:14:48   | 936 | Niall McAlinden  | M-(Sen) | Westerlands CCC                     | 3   |
| 100 | 00:14:52   | 747 | Oliver Reilly    | M-(Sen) | Greenock Glenpark Harriers          | 4   |

# Men split time on any leg

| Pos | Split Time | No  | Runner            | Cat     | Club Name                           | Leg |
|-----|------------|-----|-------------------|---------|-------------------------------------|-----|
| 101 | 00:14:52   | 621 | Martin Fitchie    | M-(V45) | Cumbernauld AAC                     | 2   |
| 102 | 00:14:52   | 607 | Ross Stephen      | M-(Sen) | Cambuslang Harriers                 | 4   |
| 103 | 00:14:54   | 733 | Steven Campbell   | M-(V45) | Greenock Glenpark Harriers          | 2   |
| 104 | 00:14:55   | 748 | Shaun Wiseman     | M-(U20) | Greenock Glenpark Harriers          | 3   |
| 105 | 0:14:55    | 743 | Paul Monaghan     | M-(V50) | Greenock Glenpark Harriers          | 1   |
| 106 | 00:14:56   | 908 | Daniel Bond       | M-(Sen) | Springburn Harriers                 | 2   |
| 107 | 00:14:59   | 806 | Robert Lindsay    | M-(V45) | Kilmarnock H&AC                     | 2   |
| 108 | 00:15:01   | 526 | David Mackintosh  | M-(Sen) | Bellahouston Harriers               | 2   |
| 109 | 00:15:01   | 755 | Paul Friend       | M-(V40) | Inverclyde AC                       | 3   |
| 110 | 0:15:02    | 579 | Mark Gallacher    | M-(V50) | Cambuslang Harriers                 | 1   |
| 111 | 0:15:03    | 521 | Duncan Anderson   | M-(Sen) | Bellahouston Harriers               | 1   |
| 112 | 0:15:03    | 631 | Louis O'Hare      | M-(U20) | Cumbernauld AAC                     | 1   |
| 113 | 00:15:04   | 597 | Iain Nicholl      | M-(V45) | Cambuslang Harriers                 | 4   |
| 114 | 00:15:04   | 913 | Andy Norris       | M-(Sen) | Springburn Harriers                 | 4   |
| 115 | 00:15:05   | 815 | John Speirs       | M-(V45) | Kilmarnock H&AC                     | 4   |
| 116 | 00:15:06   | 813 | David Sherrington | M-(V40) | Kilmarnock H&AC                     | 3   |
| 117 | 0:15:08    | 876 | Daniel Lowe       | M-(Sen) | Shettleston Harriers                | 1   |
| 118 | 00:15:10   | 724 | Drew Galloway     | M-(Sen) | Glasgow University Hares and Hounds | 3   |
| 119 | 00:15:11   | 629 | Paul McMonagle    | M-(V50) | Cumbernauld AAC                     | 4   |
| 120 | 00:15:12   | 523 | Paul Clawson      | M-(Sen) | Bellahouston Harriers               | 3   |
| 121 | 0:15:13    | 610 | Chris Upson       | M-(V55) | Cambuslang Harriers                 | 1   |
| 122 | 00:15:14   | 647 | Gary Craig        | M-(Sen) | East Kilbride AC                    | 4   |
| 123 | 00:15:15   | 587 | Mark King         | M-(V50) | Cambuslang Harriers                 | 2   |
| 124 | 00:15:17   | 599 | Michael O'Hagan   | M-(V50) | Cambuslang Harriers                 | 3   |
| 125 | 0:15:19    | 775 | Scott Brown       | M-(V45) | Irvine RC                           | 1   |
| 126 | 00:15:20   | 623 | David Hogg        | M-(V50) | Cumbernauld AAC                     | 3   |
| 127 | 0:15:23    | 814 | Nathan Smith      | M-(U20) | Kilmarnock H&AC                     | 1   |
| 128 | 00:15:26   | 691 | Ted Gourley       | M-(V55) | Giffnock North AC                   | 3   |
| 129 | 00:15:29   | 832 | Matthew Gillon    | M-(U20) | Law & District AAC                  | 4   |
| 130 | 00:15:31   | 708 | Andrew Robertson  | M-(U20) | Giffnock North AC                   | 3   |
| 131 | 00:15:32   | 655 | Luke Kirwan       | M-(Sen) | East Kilbride AC                    | 3   |
| 132 | 00:15:34   | 872 | David I Houston   | M-(Sen) | Shettleston Harriers                | 3   |
| 133 | 0:15:34    | 632 | Paul Stoddart     | M-(V45) | Cumbernauld AAC                     | 1   |
| 134 | 0:15:35    | 738 | Gordon Hepburn    | M-(Sen) | Greenock Glenpark Harriers          | 1   |
| 135 | 00:15:37   | 657 | Cameron MacDonald | M-(U20) | East Kilbride AC                    | 2   |
| 136 | 00:15:38   | 715 | Scott Wilson      | M-(V45) | Giffnock North AC                   | 4   |
| 137 | 00:15:38   | 551 | Alan Derrick      | M-(V55) | Calderglen Harriers                 | 3   |
| 138 | 00:15:39   | 522 | Fraser Armstrong  | M-(Sen) | Bellahouston Harriers               | 4   |
| 139 | 00:15:40   | 825 | Richard Beattie   | M-(V40) | Law & District AAC                  | 2   |
| 140 | 0:15:43    | 696 | Donald Maclean    | M-(U20) | Giffnock North AC                   | 1   |
| 141 | 00:15:44   | 663 | Alex Chalmers     | M-(V50) | Garscube Harriers                   | 2   |
| 142 | 00:15:45   | 627 | Ross McEachern    | M-(V55) | Cumbernauld AAC                     | 3   |
| 143 | 0:15:45    | 527 | Donald MacLaren   | M-(V40) | Bellahouston Harriers               | 1   |
| 144 | 00:15:46   | 687 | Jeremy Fellick    | M-(V55) | Giffnock North AC                   | 4   |
| 145 | 00:15:47   | 932 | James Bowden      | M-(Sen) | Westerlands CCC                     | 4   |
| 146 | 00:15:47   | 673 | Duncan McKellar   | M-(Sen) | Garscube Harriers                   | 4   |
| 147 | 00:15:48   | 514 | Joseph Burns      | M-(V45) | Ayr Seaforth AC                     | 3   |
| 148 | 00:15:49   | 774 | Cameron Blades    | M-(U20) | Irvine RC                           | 2   |
| 149 | 00:15:50   | 802 | Connell Drummond  | M-(V45) | Kilmarnock H&AC                     | 3   |
| 150 | 00:15:51   | 606 | Chris Smith       | M-(Sen) | Cambuslang Harriers                 | 2   |

# Men split time on any leg

| Pos | Split Time | No  | Runner            | Cat     | Club Name                           | Leg |
|-----|------------|-----|-------------------|---------|-------------------------------------|-----|
| 151 | 00:15:53   | 537 | Alan Digweed      | M-(V40) | Bellahouston RR                     | 4   |
| 152 | 00:15:53   | 864 | John Duffy        | M-(V55) | Shettleston Harriers                | 4   |
| 153 | 00:15:59   | 594 | Frank McGowan     | M-(V50) | Cambuslang Harriers                 | 4   |
| 154 | 00:16:00   | 836 | James McClafferty | M-(Sen) | Law & District AAC                  | 3   |
| 155 | 00:16:00   | 624 | Robert Keenan     | M-(V40) | Cumbernauld AAC                     | 2   |
| 156 | 00:16:02   | 730 | Matthew Smith     | M-(Sen) | Glasgow University Hares and Hounds | 4   |
| 157 | 00:16:04   | 665 | Stephen Craig     | M-(Sen) | Garscube Harriers                   | 3   |
| 158 | 00:16:07   | 569 | Callum Wright     | M-(Sen) | Calderglen Harriers                 | 3   |
| 159 | 00:16:07   | 661 | Niall Walker      | M-(Sen) | East Kilbride AC                    | 4   |
| 160 | 0:16:09    | 538 | Barry Edwards     | M-(Sen) | Bellahouston RR                     | 1   |
| 161 | 00:16:13   | 737 | Stephen Hanley    | M-(Sen) | Greenock Glenpark Harriers          | 4   |
| 162 | 00:16:14   | 835 | Martin Kay        | M-(V40) | Law & District AAC                  | 4   |
| 163 | 0:16:14    | 552 | Kevin Farmer      | M-(Sen) | Calderglen Harriers                 | 1   |
| 164 | 0:16:16    | 540 | John Mackenzie    | M-(V55) | Bellahouston RR                     | 1   |
| 165 | 00:16:17   | 850 | Darren Carruthers | M-(Sen) | Red Star AC                         | 2   |
| 166 | 00:16:18   | 879 | Mark McColl       | M-(V40) | Shettleston Harriers                | 2   |
| 167 | 00:16:19   | 699 | Daniel McKenna    | M-(Sen) | Giffnock North AC                   | 2   |
| 168 | 00:16:20   | 532 | Chris Allan       | M-(Sen) | Bellahouston RR                     | 3   |
| 169 | 0:16:21    | 686 | Rob Crusher       | M-(V55) | Giffnock North AC                   | 1   |
| 170 | 00:16:23   | 757 | Robert Gray       | M-(V50) | Inverclyde AC                       | 4   |
| 171 | 00:16:24   | 609 | David Thom        | M-(V60) | Cambuslang Harriers                 | 2   |
| 172 | 00:16:25   | 843 | Mark Ellis        | M-(V45) | Motherwell AC                       | 2   |
| 173 | 00:16:28   | 720 | Nick Baughan      | M-(Sen) | Glasgow University Hares and Hounds | 3   |
| 174 | 00:16:29   | 921 | Gerard Craig      | M-(V50) | VP-Glasgow AC                       | 2   |
| 175 | 0:16:29    | 515 | Peter Maclean     | M-(V45) | Ayr Seaforth AC                     | 1   |
| 176 | 00:16:31   | 616 | Scott Calderhead  | M-(V40) | Cumbernauld AAC                     | 3   |
| 177 | 00:16:32   | 942 | Ian Thurlbeck     | M-(V55) | Westerlands CCC                     | 3   |
| 178 | 00:16:34   | 927 | Stuart Kelly      | M-(V45) | VP-Glasgow AC                       | 2   |
| 179 | 00:16:41   | 672 | David McKay       | M-(Sen) | Garscube Harriers                   | 4   |
| 180 | 00:16:42   | 660 | David Thomson     | M-(Sen) | East Kilbride AC                    | 3   |
| 181 | 00:16:44   | 585 | Francis Hurley    | M-(V65) | Cambuslang Harriers                 | 3   |
| 182 | 00:16:45   | 533 | Andrew Allen      | M-(V55) | Bellahouston RR                     | 4   |
| 183 | 00:16:47   | 536 | Kenneth Crawford  | M-(V50) | Bellahouston RR                     | 3   |
| 184 | 0:16:48    | 926 | Craig Johnstone   | M-(Sen) | VP-Glasgow AC                       | 1   |
| 185 | 00:16:48   | 922 | Sandy Gardner     | M-(V50) | VP-Glasgow AC                       | 3   |
| 186 | 00:16:49   | 779 | Colin Miller      | M-(V60) | Irvine RC                           | 3   |
| 187 | 00:16:49   | 577 | Des Dickson       | M-(V60) | Cambuslang Harriers                 | 4   |
| 188 | 00:16:51   | 721 | Ben Brown         | M-(Sen) | Glasgow University Hares and Hounds | 2   |
| 189 | 0:16:54    | 559 | Graeme Lindsay    | M-(V45) | Calderglen Harriers                 | 1   |
| 190 | 00:16:54   | 614 | Robert Bartley    | M-(V45) | Cumbernauld AAC                     | 2   |
| 191 | 00:16:55   | 546 | Jamie Robinson    | M-(Sen) | Bellahouston RR                     | 2   |
| 192 | 0:17:02    | 584 | Scott Hunter      | M-(V45) | Cambuslang Harriers                 | 1   |
| 193 | 00:17:03   | 728 | Rohan O'Hare      | M-(Sen) | Glasgow University Hares and Hounds | 2   |
| 194 | 00:17:05   | 668 | Patrick Gibbons   | M-(V45) | Garscube Harriers                   | 2   |
| 195 | 00:17:05   | 618 | Sean Casey        | M-(V50) | Cumbernauld AAC                     | 4   |
| 196 | 0:17:07    | 644 | Keith Charters    | M-(V55) | East Kilbride AC                    | 1   |
| 197 | 00:17:08   | 847 | Robert Pattinson  | M-(V50) | Motherwell AC                       | 4   |
| 198 | 00:17:08   | 860 | Stephen Clark     | M-(Sen) | Shettleston Harriers                | 4   |
| 199 | 00:17:13   | 848 | Alan Strang       | M-(V45) | Motherwell AC                       | 3   |
| 200 | 00:17:16   | 842 | Scott Dickson     | M-(Sen) | Motherwell AC                       | 2   |

# Men split time on any leg

| Pos | Split Time | No  | Runner             | Cat     | Club Name                  | Leg |
|-----|------------|-----|--------------------|---------|----------------------------|-----|
| 201 | 00:17:16   | 916 | Andrew Smith       | M-(U20) | Springburn Harriers        | 2   |
| 202 | 00:17:19   | 565 | Stephen Phimister  | M-(V50) | Calderglen Harriers        | 2   |
| 203 | 00:17:19   | 581 | Simon Gold         | M-(V40) | Cambuslang Harriers        | 3   |
| 204 | 0:17:20    | 914 | George Papadakis   | M-(V40) | Springburn Harriers        | 1   |
| 205 | 0:17:24    | 678 | Athole Smith       | M-(V55) | Garscube Harriers          | 1   |
| 206 | 00:17:25   | 634 | William Goldie     | M-(V65) | Dumbarton AAC              | 2   |
| 207 | 00:17:26   | 920 | Ralph Connolly     | M-(V55) | VP-Glasgow AC              | 3   |
| 208 | 0:17:32    | 545 | Martin Murphy      | M-(V45) | Bellahouston RR            | 1   |
| 209 | 0:17:38    | 868 | Mark Grant         | M-(V40) | Shettleston Harriers       | 1   |
| 210 | 0:17:40    | 735 | James Doherty      | M-(V45) | Greenock Glenpark Harriers | 1   |
| 211 | 00:17:40   | 703 | Andrew Munro       | M-(V45) | Giffnock North AC          | 2   |
| 212 | 00:17:40   | 929 | Tom Ord            | M-(V60) | VP-Glasgow AC              | 4   |
| 213 | 0:17:41    | 837 | Finn Milligan      | M-(U20) | Law & District AAC         | 1   |
| 214 | 00:17:43   | 809 | Stewart McAllister | M-(Sen) | Kilmarnock H&AC            | 4   |
| 215 | 00:17:44   | 933 | David Calder       | M-(V60) | Westerlands CCC            | 4   |
| 216 | 00:17:52   | 643 | Michael Carlin     | M-(V40) | East Kilbride AC           | 2   |
| 217 | 00:17:55   | 746 | Alan O'Rourke      | M-(V50) | Greenock Glenpark Harriers | 2   |
| 218 | 00:17:57   | 851 | Stuart Gebbie      | M-(Sen) | Red Star AC                | 3   |
| 219 | 00:18:04   | 939 | Daniel Reid        | M-(V60) | Westerlands CCC            | 2   |
| 220 | 00:18:05   | 555 | Jim Holmes         | M-(V50) | Calderglen Harriers        | 4   |
| 221 | 00:18:06   | 831 | Jim Gillon         | M-(V55) | Law & District AAC         | 4   |
| 222 | 00:18:07   | 838 | Mark Milligan      | M-(V50) | Law & District AAC         | 3   |
| 223 | 00:18:10   | 883 | Richard Millar     | M-(V45) | Shettleston Harriers       | 3   |
| 224 | 00:18:10   | 653 | Graeme Haddow      | M-(V55) | East Kilbride AC           | 3   |
| 225 | 00:18:14   | 907 | Gary Blackwood     | M-(V45) | Springburn Harriers        | 3   |
| 226 | 0:18:15    | 648 | Kieran Duncan      | M-(Sen) | East Kilbride AC           | 1   |
| 227 | 00:18:16   | 633 | Tom Butler         | M-(Sen) | Dumbarton AAC              | 3   |
| 228 | 00:18:16   | 646 | Gordon Colvin      | M-(V60) | East Kilbride AC           | 4   |
| 229 | 0:18:28    | 938 | John Quinn         | M-(V60) | Westerlands CCC            | 1   |
| 230 | 00:18:37   | 826 | Conor Butters      | M-(Sen) | Law & District AAC         | 3   |
| 231 | 00:18:40   | 918 | Douglas Bain       | M-(V50) | VP-Glasgow AC              | 4   |
| 232 | 00:18:42   | 807 | Mark Lyden         | M-(V40) | Kilmarnock H&AC            | 2   |
| 233 | 0:18:46    | 846 | Craig Morris       | M-(Sen) | Motherwell AC              | 1   |
| 234 | 0:18:48    | 662 | James Boyle        | M-(V45) | Garscube Harriers          | 1   |
| 235 | 00:18:50   | 811 | Stewart McRoberts  | M-(V40) | Kilmarnock H&AC            | 3   |
| 236 | 0:18:52    | 810 | Stephen McDowell   | M-(V45) | Kilmarnock H&AC            | 1   |
| 237 | 00:18:53   | 563 | Jim Mearns         | M-(V55) | Calderglen Harriers        | 4   |
| 238 | 00:18:59   | 572 | Edward Carr        | M-(V60) | Cambuslang Harriers        | 2   |
| 239 | 00:19:00   | 588 | Stephen Leonard    | M-(V45) | Cambuslang Harriers        | 4   |
| 240 | 00:19:02   | 803 | Russell Duncan     | M-(V60) | Kilmarnock H&AC            | 4   |
| 241 | 00:19:04   | 635 | John Mackenzie     | M-(V40) | Dumbarton AAC              | 4   |
| 242 | 00:19:10   | 680 | Stephen Wilson     | M-(V55) | Garscube Harriers          | 3   |
| 243 | 00:19:27   | 548 | Richard Beaton     | M-(V55) | Calderglen Harriers        | 2   |
| 244 | 0:19:27    | 844 | David Hoolaghan    | M-(V40) | Motherwell AC              | 1   |
| 245 | 00:19:28   | 742 | Frank McMahon      | M-(V70) | Greenock Glenpark Harriers | 3   |
| 246 | 0:19:36    | 839 | John O'Leary       | M-(V55) | Law & District AAC         | 1   |
| 247 | 0:19:44    | 561 | Gordon McNally     | M-(V55) | Calderglen Harriers        | 1   |
| 248 | 00:19:46   | 524 | Gordon Gallacher   | M-(V50) | Bellahouston Harriers      | 2   |
| 249 | 00:19:47   | 534 | Tony Breslin       | M-(V50) | Bellahouston RR            | 2   |
| 250 | 00:19:53   | 841 | John Burns         | M-(V55) | Motherwell AC              | 3   |

## Men split time on any leg

| Pos | Split Time | No  | Runner                  | Cat     | Club Name           | Leg |
|-----|------------|-----|-------------------------|---------|---------------------|-----|
| 251 | 00:20:06   | 808 | Leslie James Mc Derment | M-(V50) | Kilmarnock H&AC     | 2   |
| 252 | 00:20:30   | 910 | Euan Kenny              | M-(U20) | Springburn Harriers | 4   |
| 253 | 00:20:41   | 598 | Peter Ogden             | M-(V70) | Cambuslang Harriers | 3   |
| 254 | 00:21:06   | 834 | Moazzam Hussain         | M-(Sen) | Law & District AAC  | 2   |
| 255 | 0:21:08    | 812 | Stuart Nibloe           | M-(Sen) | Kilmarnock H&AC     | 1   |
| 256 | 00:21:52   | 669 | Stuart Irvine           | M-(V70) | Garscube Harriers   | 2   |
| 257 | 00:22:56   | 550 | Russell Couper          | M-(V55) | Calderglen Harriers | 2   |
| 258 | 0:24:58    | 923 | Gregory Gontor          | M-(U20) | VP-Glasgow AC       | 1   |

# Young Female Teams

| Pos | Total Time | Team | Team Name                     | Lap | Pos | Split Time | Runner                   |
|-----|------------|------|-------------------------------|-----|-----|------------|--------------------------|
| 1   | 0:34:54    | 183  | Glasgow SOS 183 ( All )       | 1   | 1   | 0:11:56    | Millie Gairn             |
|     |            |      |                               | 2   | 1   | 00:11:20   | Millie McClelland-Brooks |
|     |            |      |                               | 3   | 1   | 00:11:38   | Katie Slimon             |
| 2   | 0:35:14    | 164  | Giffnock North AC 164 ( All ) | 1   | 2   | 0:12:06    | Freya Scobie             |
|     |            |      |                               | 2   | 2   | 00:11:46   | Scarlett Wilson          |
|     |            |      |                               | 3   | 2   | 00:11:22   | Esme Dougall             |
| 3   | 0:35:45    | 189  | Kilbarchan AAC 189 ( All )    | 1   | 13  | 0:12:52    | Freya Milford            |
|     |            |      |                               | 2   | 3   | 00:11:25   | Zara Redmond             |
|     |            |      |                               | 3   | 3   | 00:11:28   | Amy Teasdale             |
| 4   | 0:36:30    | 166  | Giffnock North AC 166 ( All ) | 1   | 5   | 0:12:25    | Millie Boothman          |
|     |            |      |                               | 2   | 4   | 00:12:08   | Lauren McPherson         |
|     |            |      |                               | 3   | 4   | 00:11:57   | Emma McLennan            |
| 5   | 0:36:35    | 154  | East Kilbride AC 154 ( All )  | 1   | 16  | 0:12:59    | Matilda Frew             |
|     |            |      |                               | 2   | 8   | 00:11:59   | Rhianna Docherty         |
|     |            |      |                               | 3   | 5   | 00:11:37   | Aimee Anderson           |
| 6   | 0:36:42    | 165  | Giffnock North AC 165 ( All ) | 1   | 9   | 0:12:49    | Sarah McNulty            |
|     |            |      |                               | 2   | 7   | 00:12:00   | Mili Macfarlane          |
|     |            |      |                               | 3   | 6   | 00:11:53   | Kate Paul                |
| 7   | 0:37:04    | 186  | Inverclyde AC 186 ( All )     | 1   | 14  | 0:12:55    | Lexie Bremner            |
|     |            |      |                               | 2   | 10  | 00:12:18   | Iris Paterson            |
|     |            |      |                               | 3   | 7   | 00:11:51   | Ava Beaton               |
| 8   | 0:37:20    | 167  | Giffnock North AC 167 ( All ) | 1   | 10  | 0:12:49    | Nicole Yates             |
|     |            |      |                               | 2   | 6   | 00:11:51   | Ruth Walsh               |
|     |            |      |                               | 3   | 8   | 00:12:40   | Hazel O'Donoghue         |
| 9   | 0:37:27    | 157  | Garscube Harriers 157 ( All ) | 1   | 11  | 0:12:50    | Isobel Collingwood       |
|     |            |      |                               | 2   | 9   | 00:12:13   | Erin Burnett             |
|     |            |      |                               | 3   | 9   | 00:12:24   | Beth Trainer             |
| 10  | 0:38:55    | 144  | Airdrie Harriers 144 ( All )  | 1   | 26  | 0:13:38    | Leanna Elliot            |
|     |            |      |                               | 2   | 15  | 00:12:31   | Taylor More              |
|     |            |      |                               | 3   | 10  | 00:12:46   | Grace Wilson             |
| 11  | 0:38:59    | 208  | Nithsdale AC 208 ( All )      | 1   | 31  | 0:14:14    | Stevie-Rose Gildert      |
|     |            |      |                               | 2   | 18  | 00:12:20   | Kayla Dinnin             |
|     |            |      |                               | 3   | 11  | 00:12:25   | Skye Rae                 |
| 12  | 0:39:02    | 184  | Glasgow SOS 184 ( All )       | 1   | 3   | 0:12:14    | Eihlinn Gillespie        |
|     |            |      |                               | 2   | 17  | 00:14:04   | Annie McLean             |
|     |            |      |                               | 3   | 12  | 00:12:44   | Caitlin McGeachy         |



# Young Female Teams

| Pos | Total Time | Team | Team Name                        | Lap | Pos | Split Time | Runner              |
|-----|------------|------|----------------------------------|-----|-----|------------|---------------------|
| 13  | 0:39:05    | 168  | Giffnock North AC 168 ( All )    | 1   | 7   | 0:12:35    | Amy Gallagher       |
|     |            |      |                                  | 2   | 12  | 00:12:59   | Ella McWilliams     |
|     |            |      |                                  | 3   | 13  | 00:13:31   | Ellie Stewart       |
| 14  | 0:39:07    | 210  | Shettleston Harriers 210 ( All ) | 1   | 29  | 0:13:54    | Daisy Gildea        |
|     |            |      |                                  | 2   | 16  | 00:12:17   | Katie Woods         |
|     |            |      |                                  | 3   | 14  | 00:12:56   | Erin Ellor          |
| 15  | 0:39:37    | 169  | Giffnock North AC 169 ( All )    | 1   | 6   | 0:12:31    | April Macaulay      |
|     |            |      |                                  | 2   | 14  | 00:13:33   | Isla Munro          |
|     |            |      |                                  | 3   | 15  | 00:13:33   | Megan Smith         |
| 16  | 0:39:53    | 190  | Kilbarchan AAC 190 ( All )       | 1   | 22  | 0:13:24    | Mairi Nicholson     |
|     |            |      |                                  | 2   | 20  | 00:13:26   | Elizabeth Burke     |
|     |            |      |                                  | 3   | 16  | 00:13:03   | Poppy Bowers        |
| 17  | 0:40:32    | 191  | Kilbarchan AAC 191 ( All )       | 1   | 23  | 0:13:32    | Isla Miller         |
|     |            |      |                                  | 2   | 22  | 00:13:24   | Kirsty Weir         |
|     |            |      |                                  | 3   | 17  | 00:13:36   | Adele Street        |
| 18  | 0:40:33    | 148  | Cambuslang Harriers 148 ( All )  | 1   | 36  | 0:14:47    | Erin Kearney        |
|     |            |      |                                  | 2   | 38  | 00:14:19   | Lucy McGrandle      |
|     |            |      |                                  | 3   | 18  | 00:11:27   | Millie Nicholl      |
| 19  | 0:40:42    | 146  | Ayr Seaforth AC 146 ( All )      | 1   | 39  | 0:14:50    | Jessica Byers       |
|     |            |      |                                  | 2   | 26  | 00:12:38   | Sophie McCallum     |
|     |            |      |                                  | 3   | 19  | 00:13:14   | Islay Hubbard       |
| 20  | 0:40:47    | 213  | Springburn Harriers 213 ( All )  | 1   | 8   | 0:12:43    | Skye Smith          |
|     |            |      |                                  | 2   | 31  | 00:15:31   | Ruby Lennon         |
|     |            |      |                                  | 3   | 20  | 00:12:33   | Rachel Giffen       |
| 21  | 0:41:16    | 145  | Ayr Seaforth AC 145 ( All )      | 1   | 38  | 0:14:49    | Laurie McAlpine     |
|     |            |      |                                  | 2   | 29  | 00:13:04   | Iona Stroma Hubbard |
|     |            |      |                                  | 3   | 21  | 00:13:23   | Sophie McColm       |
| 22  | 0:41:19    | 217  | VP-Glasgow AC 217 ( All )        | 1   | 12  | 0:12:51    | Anna Elizabeth Ross |
|     |            |      |                                  | 2   | 11  | 00:12:38   | Eve Morrison        |
|     |            |      |                                  | 3   | 22  | 00:15:50   | Zoe Loughrey        |
| 23  | 0:41:22    | 149  | Cambuslang Harriers 149 ( All )  | 1   | 44  | 0:15:14    | Elena Bolanos       |
|     |            |      |                                  | 2   | 30  | 00:12:47   | Olivia McNicol      |
|     |            |      |                                  | 3   | 23  | 00:13:21   | Eilidh Kennedy      |
| 24  | 0:41:31    | 202  | Law & District AAC 202 ( All )   | 1   | 20  | 0:13:23    | Isla Cameron        |
|     |            |      |                                  | 2   | 32  | 00:14:59   | Rachel Stevenson    |
|     |            |      |                                  | 3   | 24  | 00:13:09   | Yuki Faulds         |



# Young Female Teams

| Pos | Total Time | Team | Team Name                              | Lap | Pos | Split Time | Runner               |
|-----|------------|------|----------------------------------------|-----|-----|------------|----------------------|
| 25  | 0:41:34    | 170  | Giffnock North AC 170 ( All )          | 1   | 32  | 0:14:20    | Holly Simpson        |
|     |            |      |                                        | 2   | 24  | 00:13:02   | Lucy O'Donoghue      |
|     |            |      |                                        | 3   | 25  | 00:14:12   | Eva Cameron          |
| 26  | 0:41:45    | 214  | Springburn Harriers 214 ( All )        | 1   | 43  | 0:15:13    | Niamh Wilson         |
|     |            |      |                                        | 2   | 33  | 00:13:26   | Kirsty MacInnes      |
|     |            |      |                                        | 3   | 26  | 00:13:06   | Naomi Giffen         |
| 27  | 0:41:58    | 158  | Garscube Harriers 158 ( All )          | 1   | 30  | 0:13:56    | Skye Dick            |
|     |            |      |                                        | 2   | 35  | 00:14:48   | Alice Henderson      |
|     |            |      |                                        | 3   | 27  | 00:13:14   | Nina Padmanabhan     |
| 28  | 0:42:00    | 194  | Kilmarnock H&AC 194 ( All )            | 1   | 33  | 0:14:20    | Eilidh Cooke         |
|     |            |      |                                        | 2   | 34  | 00:14:20   | Isla Tonner          |
|     |            |      |                                        | 3   | 28  | 00:13:20   | Ellie Anderson       |
| 29  | 0:42:02    | 216  | VP-Glasgow AC 216 ( All )              | 1   | 24  | 0:13:35    | Aneesah King Oubacha |
|     |            |      |                                        | 2   | 25  | 00:13:48   | Anna Clark           |
|     |            |      |                                        | 3   | 29  | 00:14:39   | Hannah McDermott     |
| 30  | 0:42:04    | 201  | Law & District AAC 201 ( All )         | 1   | 40  | 0:14:55    | Sophie Nelson        |
|     |            |      |                                        | 2   | 36  | 00:14:00   | Hannah Jamieson      |
|     |            |      |                                        | 3   | 30  | 00:13:09   | Amanda Quinn         |
| 31  | 0:42:17    | 211  | Shettleston Harriers 211 ( All )       | 1   | 27  | 0:13:38    | Imogen Millar        |
|     |            |      |                                        | 2   | 27  | 00:13:56   | Emma Leiper          |
|     |            |      |                                        | 3   | 31  | 00:14:43   | Jessica Grant        |
| 32  | 0:42:44    | 195  | Kilmarnock H&AC 195 ( All )            | 1   | 47  | 0:15:34    | Miley Carruthers     |
|     |            |      |                                        | 2   | 39  | 00:14:24   | Jennie Munro         |
|     |            |      |                                        | 3   | 32  | 00:12:46   | Sasha I'Anson        |
| 33  | 0:42:45    | 172  | Giffnock North AC 172 ( All )          | 1   | 17  | 0:13:14    | Isabella Wilson      |
|     |            |      |                                        | 2   | 21  | 00:13:38   | Molly Barr           |
|     |            |      |                                        | 3   | 33  | 00:15:53   | Erin Digby           |
| 34  | 0:43:12    | 185  | Greenock Glenpark Harriers 185 ( All ) | 1   | 53  | 0:16:56    | Beth Docherty        |
|     |            |      |                                        | 2   | 41  | 00:13:49   | Summer Taggart       |
|     |            |      |                                        | 3   | 34  | 00:12:27   | Ruby McGill          |
| 35  | 0:43:37    | 155  | East Kilbride AC 155 ( All )           | 1   | 34  | 0:14:33    | Carrie Charters      |
|     |            |      |                                        | 2   | 37  | 00:14:31   | Kayleigh Pew         |
|     |            |      |                                        | 3   | 35  | 00:14:33   | Katie Fowler         |

# Young Female Teams

| Pos | Total Time | Team | Team Name                        | Lap | Pos | Split Time | Runner             |
|-----|------------|------|----------------------------------|-----|-----|------------|--------------------|
| 36  | 0:43:54    | 171  | Giffnock North AC 171 ( All )    | 1   | 19  | 0:13:22    | Erin Thomson       |
|     |            |      |                                  | 2   | 23  | 00:13:59   | Hannah Sluman      |
|     |            |      |                                  | 3   | 36  | 00:16:33   | Gabrielle Paddison |
| 37  | 0:44:12    | 205  | Motherwell AC 205 ( All )        | 1   | 56  | 0:17:37    | Niamh Cameron      |
|     |            |      |                                  | 2   | 47  | 00:13:56   | Eilidh Greenhorn   |
|     |            |      |                                  | 3   | 37  | 00:12:39   | Emma Kelly         |
| 38  | 0:45:06    | 212  | Shettleston Harriers 212 ( All ) | 1   | 35  | 0:14:38    | Kate Monaghan      |
|     |            |      |                                  | 2   | 43  | 00:16:17   | Ava Millican       |
|     |            |      |                                  | 3   | 38  | 00:14:11   | Katie Burns        |
| 39  | 0:45:36    | 173  | Giffnock North AC 173 ( All )    | 1   | 37  | 0:14:49    | Beth Adams         |
|     |            |      |                                  | 2   | 28  | 00:13:00   | Lucy McGhie        |
|     |            |      |                                  | 3   | 39  | 00:17:47   | Lexie Martin       |
| 40  | 0:46:50    | 196  | Kilmarnock H&AC 196 ( All )      | 1   | 48  | 0:15:35    | Rebecca McNulty    |
|     |            |      |                                  | 2   | 49  | 00:16:21   | Molly Hunter       |
|     |            |      |                                  | 3   | 40  | 00:14:54   | Izzy Caufield      |
| 41  | 0:49:42    | 150  | Cambuslang Harriers 150 ( All )  | 1   | 55  | 0:17:29    | Keira Gallacher    |
|     |            |      |                                  | 2   | 51  | 00:16:15   | Martha Fleming     |
|     |            |      |                                  | 3   | 41  | 00:15:58   | Grace Fleming      |
| - - | xx:xx:xx   | 147  | Ayr Seaforth AC 147 ( All )      | 1   | 52  | 0:16:54    | Katie Ablett       |
|     |            |      |                                  | 2   | 45  | 00:14:25   | Erica Baird        |
|     |            |      |                                  | 3   |     | xxxx       | xxxx               |
| - - | xx:xx:xx   | 151  | Cambuslang Harriers 151 ( All )  | 1   | 50  | 0:16:08    | Megan O'Brien      |
|     |            |      |                                  | 2   | 48  | 00:15:46   | Mollie Mae Scott   |
|     |            |      |                                  | 3   |     | xxxx       | xxxx               |
| - - | xx:xx:xx   | 152  | Cambuslang Harriers 152 ( All )  | 1   | 54  | 0:17:28    | Kirsty Forrest     |
|     |            |      |                                  | 2   |     | xxxx       | xxxx               |
|     |            |      |                                  | 3   |     | xxxx       | xxxx               |
| - - | xx:xx:xx   | 153  | Cumbernauld AAC 153 ( All )      | 1   | 4   | 0:12:23    | Jemma Macleod      |
|     |            |      |                                  | 2   | 13  | 00:13:21   | Rebekah Lawman     |
|     |            |      |                                  | 3   |     | xxxx       | xxxx               |
| - - | xx:xx:xx   | 156  | East Kilbride AC 156 ( All )     | 1   | 21  | 0:13:23    | Kara Lindsay       |
|     |            |      |                                  | 2   | 46  | 00:17:58   | Sarah Toner        |
|     |            |      |                                  | 3   |     | xxxx       | xxxx               |

# Young Female Teams

| Pos | Total Time | Team | Team Name                      | Lap | Pos | Split Time | Runner            |
|-----|------------|------|--------------------------------|-----|-----|------------|-------------------|
| --  | xx:xx:xx   | 159  | Garscube Harriers 159 ( All )  | 1   | 51  | 0:16:28    | Alexandra Bell    |
|     |            |      |                                | 2   | 44  | 00:14:48   | Jennifer MacMahon |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 160  | Garscube Harriers 160 ( All )  | 1   | 42  | 0:15:11    | OLIVIA FREER      |
|     |            |      |                                | 2   | 40  | 00:15:21   | Anna Chapman      |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 161  | Garscube Harriers 161 ( All )  | 1   | 58  | 0:18:03    | Abigail Whitby    |
|     |            |      |                                | 2   |     | xxxx       | xxxx              |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 162  | Garscube Harriers 162 ( All )  | 1   | 46  | 0:15:31    | Ava McBean        |
|     |            |      |                                | 2   |     | xxxx       | xxxx              |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 174  | Giffnock North AC 174 ( All )  | 1   | 18  | 0:13:15    | Molly Knox        |
|     |            |      |                                | 2   |     | xxxx       | xxxx              |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 187  | Inverclyde AC 187 ( All )      | 1   | 25  | 0:13:36    | Pearl Paterson    |
|     |            |      |                                | 2   | 19  | 00:13:09   | Emma Binnie       |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 188  | Inverclyde AC 188 ( All )      | 1   | 28  | 0:13:51    | Grace Barry       |
|     |            |      |                                | 2   |     | xxxx       | xxxx              |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 197  | Kilmarnock H&AC 197 ( All )    | 1   | 49  | 0:16:06    | Charlotte Gebbie  |
|     |            |      |                                | 2   | 42  | 00:14:43   | Erin Tonner       |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 198  | Kilmarnock H&AC 198 ( All )    | 1   | 45  | 0:15:15    | Cara Monachello   |
|     |            |      |                                | 2   | 50  | 00:17:02   | Lily McClintock   |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |
| --  | xx:xx:xx   | 200  | Law & District AAC 200 ( All ) | 1   | 15  | 0:12:57    | Olivia Inglis     |
|     |            |      |                                | 2   | 5   | 00:11:36   | Jessica Inglis    |
|     |            |      |                                | 3   |     | xxxx       | xxxx              |

# Young Female Teams

| Pos | Total Time | Team | Team Name                      | Lap | Pos | Split Time | Runner                    |
|-----|------------|------|--------------------------------|-----|-----|------------|---------------------------|
| - - | xx:xx:xx   | 203  | Law & District AAC 203 ( All ) | 1   | 41  | 0:14:56    | Esther Chinagorom Chikere |
|     |            |      |                                | 2   | 52  | 00:27:15   | Eilidh Cameron            |
|     |            |      |                                | 3   |     | xxxx       | xxxx                      |
| - - | xx:xx:xx   | 206  | Motherwell AC 206 ( All )      | 1   | 59  | 0:18:15    | Lauren Sweeting           |
|     |            |      |                                | 2   |     | xxxx       | xxxx                      |
|     |            |      |                                | 3   |     | xxxx       | xxxx                      |
| - - | xx:xx:xx   | 207  | Motherwell AC 207 ( All )      | 1   | 57  | 0:17:44    | Katy Collum               |
|     |            |      |                                | 2   |     | xxxx       | xxxx                      |
|     |            |      |                                | 3   |     | xxxx       | xxxx                      |

## Young Female split time on any leg

| Pos | Split Time | No  | Runner                   | Cat     | Club Name                  | Leg |
|-----|------------|-----|--------------------------|---------|----------------------------|-----|
| 1   | 00:11:20   | 376 | Millie McClelland-Brooks | F-(U15) | Glasgow School of Sport    | 2   |
| 2   | 00:11:22   | 322 | Esme Dougall             | F-(U17) | Giffnock North AC          | 3   |
| 3   | 00:11:25   | 422 | Zara Redmond             | F-(U15) | Kilbarchan AAC             | 2   |
| 4   | 00:11:27   | 278 | Millie Nicholl           | F-(U17) | Cambuslang Harriers        | 3   |
| 5   | 00:11:28   | 424 | Amy Teasdale             | F-(U15) | Kilbarchan AAC             | 3   |
| 6   | 00:11:36   | 453 | Jessica Inglis           | F-(U15) | Law & District AAC         | 2   |
| 7   | 00:11:37   | 284 | Aimee Anderson           | F-(U15) | East Kilbride AC           | 3   |
| 8   | 00:11:38   | 379 | Katie Slimon             | F-(U17) | Glasgow School of Sport    | 3   |
| 9   | 00:11:46   | 368 | Scarlett Wilson          | F-(U15) | Giffnock North AC          | 2   |
| 10  | 00:11:51   | 366 | Ruth Walsh               | F-(U15) | Giffnock North AC          | 2   |
| 11  | 00:11:51   | 391 | Ava Beaton               | F-(U15) | Inverclyde AC              | 3   |
| 12  | 00:11:53   | 349 | Kate Paul                | F-(U17) | Giffnock North AC          | 3   |
| 13  | 0:11:56    | 374 | Millie Gairn             | F-(U13) | Glasgow School of Sport    | 1   |
| 14  | 00:11:57   | 335 | Emma McLennan            | F-(U17) | Giffnock North AC          | 3   |
| 15  | 00:11:59   | 286 | Rhianna Docherty         | F-(U15) | East Kilbride AC           | 2   |
| 16  | 00:12:00   | 331 | Mili Macfarlane          | F-(U15) | Giffnock North AC          | 2   |
| 17  | 0:12:06    | 354 | Freya Scobie             | F-(U13) | Giffnock North AC          | 1   |
| 18  | 00:12:08   | 338 | Lauren McPherson         | F-(U15) | Giffnock North AC          | 2   |
| 19  | 00:12:13   | 294 | Erin Burnett             | F-(U13) | Garscube Harriers          | 2   |
| 20  | 0:12:14    | 375 | Eihlinn Gillespie        | F-(U13) | Glasgow School of Sport    | 1   |
| 21  | 00:12:17   | 494 | Katie Woods              | F-(U15) | Shettleston Harriers       | 2   |
| 22  | 00:12:18   | 394 | Iris Paterson            | F-(U15) | Inverclyde AC              | 2   |
| 23  | 00:12:20   | 468 | Kayla Dinnin             | F-(U15) | Nithsdale AC               | 2   |
| 24  | 0:12:23    | 283 | Jemma Macleod            | F-(U13) | Cumbernauld AAC            | 1   |
| 25  | 00:12:24   | 306 | Beth Trainer             | F-(U17) | Garscube Harriers          | 3   |
| 26  | 0:12:25    | 311 | Millie Boothman          | F-(U13) | Giffnock North AC          | 1   |
| 27  | 00:12:25   | 470 | Skye Rae                 | F-(U17) | Nithsdale AC               | 3   |
| 28  | 00:12:27   | 386 | Ruby McGill              | F-(U17) | Greenock Glenpark Harriers | 3   |
| 29  | 00:12:31   | 253 | Taylor More              | F-(U15) | Airdrie Harriers           | 2   |
| 30  | 0:12:31    | 329 | April Macaulay           | F-(U13) | Giffnock North AC          | 1   |
| 31  | 00:12:33   | 496 | Rachel Giffen            | F-(U17) | Springburn Harriers        | 3   |
| 32  | 0:12:35    | 325 | Amy Gallagher            | F-(U13) | Giffnock North AC          | 1   |
| 33  | 00:12:38   | 263 | Sophie McCallum          | F-(U15) | Ayr Seaforth AC            | 2   |
| 34  | 00:12:38   | 509 | Eve Morrison             | F-(U13) | VP-Glasgow AC              | 2   |
| 35  | 00:12:39   | 466 | Emma Kelly               | F-(U17) | Motherwell AC              | 3   |
| 36  | 00:12:40   | 345 | Hazel O'Donoghue         | F-(U15) | Giffnock North AC          | 3   |
| 37  | 0:12:43    | 501 | Skye Smith               | F-(U13) | Springburn Harriers        | 1   |
| 38  | 00:12:44   | 377 | Caitlin McGeachy         | F-(U15) | Glasgow School of Sport    | 3   |
| 39  | 00:12:46   | 254 | Grace Wilson             | F-(U15) | Airdrie Harriers           | 3   |
| 40  | 00:12:46   | 435 | Sasha I'Anson            | F-(U17) | Kilmarnock H&AC            | 3   |
| 41  | 00:12:47   | 277 | Olivia McNicol           | F-(U15) | Cambuslang Harriers        | 2   |
| 42  | 0:12:49    | 337 | Sarah McNulty            | F-(U13) | Giffnock North AC          | 1   |
| 43  | 0:12:49    | 372 | Nicole Yates             | F-(U13) | Giffnock North AC          | 1   |
| 44  | 0:12:50    | 296 | Isobel Collingwood       | F-(U13) | Garscube Harriers          | 1   |
| 45  | 0:12:51    | 511 | Anna Elizabeth Ross      | F-(U13) | VP-Glasgow AC              | 1   |
| 46  | 0:12:52    | 417 | Freya Milford            | F-(U13) | Kilbarchan AAC             | 1   |
| 47  | 0:12:55    | 393 | Lexie Bremner            | F-(U13) | Inverclyde AC              | 1   |
| 48  | 00:12:56   | 481 | Erin Ellor               | F-(U17) | Shettleston Harriers       | 3   |
| 49  | 0:12:57    | 454 | Olivia Inglis            | F-(U13) | Law & District AAC         | 1   |
| 50  | 0:12:59    | 288 | Matilda Frew             | F-(U13) | East Kilbride AC           | 1   |

## Young Female split time on any leg

| Pos | Split Time | No  | Runner               | Cat     | Club Name                  | Leg |
|-----|------------|-----|----------------------|---------|----------------------------|-----|
| 51  | 00:12:59   | 339 | Ella McWilliams      | F-(U15) | Giffnock North AC          | 2   |
| 52  | 00:13:00   | 333 | Lucy McGhie          | F-(U13) | Giffnock North AC          | 2   |
| 53  | 00:13:02   | 346 | Lucy O'Donoghue      | F-(U15) | Giffnock North AC          | 2   |
| 54  | 00:13:03   | 396 | Poppy Bowers         | F-(U15) | Kilbarchan AAC             | 3   |
| 55  | 00:13:04   | 259 | Iona Stroma Hubbard  | F-(U15) | Ayr Seaforth AC            | 2   |
| 56  | 00:13:06   | 495 | Naomi Giffen         | F-(U17) | Springburn Harriers        | 3   |
| 57  | 00:13:09   | 392 | Emma Binnie          | F-(U13) | Inverclyde AC              | 2   |
| 58  | 00:13:09   | 458 | Amanda Quinn         | F-(U17) | Law & District AAC         | 3   |
| 59  | 00:13:09   | 451 | Yuki Faulds          | F-(U17) | Law & District AAC         | 3   |
| 60  | 00:13:14   | 304 | Nina Padmanabhan     | F-(U15) | Garscube Harriers          | 3   |
| 61  | 0:13:14    | 367 | Isabella Wilson      | F-(U13) | Giffnock North AC          | 1   |
| 62  | 00:13:14   | 260 | Islay Hubbard        | F-(U17) | Ayr Seaforth AC            | 3   |
| 63  | 0:13:15    | 328 | Molly Knox           | F-(U13) | Giffnock North AC          | 1   |
| 64  | 00:13:20   | 427 | Ellie Anderson       | F-(U17) | Kilmarnock H&AC            | 3   |
| 65  | 00:13:21   | 274 | Eilidh Kennedy       | F-(U17) | Cambuslang Harriers        | 3   |
| 66  | 00:13:21   | 282 | Rebekah Lawman       | F-(U15) | Cumbernauld AAC            | 2   |
| 67  | 0:13:22    | 362 | Erin Thomson         | F-(U13) | Giffnock North AC          | 1   |
| 68  | 00:13:23   | 264 | Sophie McColm        | F-(U17) | Ayr Seaforth AC            | 3   |
| 69  | 0:13:23    | 289 | Kara Lindsay         | F-(U13) | East Kilbride AC           | 1   |
| 70  | 0:13:23    | 447 | Isla Cameron         | F-(U13) | Law & District AAC         | 1   |
| 71  | 0:13:24    | 420 | Mairi Nicholson      | F-(U13) | Kilbarchan AAC             | 1   |
| 72  | 00:13:24   | 425 | Kirsty Weir          | F-(U15) | Kilbarchan AAC             | 2   |
| 73  | 00:13:26   | 398 | Elizabeth Burke      | F-(U15) | Kilbarchan AAC             | 2   |
| 74  | 00:13:26   | 499 | Kirsty MacInnes      | F-(U15) | Springburn Harriers        | 2   |
| 75  | 00:13:31   | 361 | Ellie Stewart        | F-(U15) | Giffnock North AC          | 3   |
| 76  | 0:13:32    | 418 | Isla Miller          | F-(U13) | Kilbarchan AAC             | 1   |
| 77  | 00:13:33   | 341 | Isla Munro           | F-(U15) | Giffnock North AC          | 2   |
| 78  | 00:13:33   | 360 | Megan Smith          | F-(U17) | Giffnock North AC          | 3   |
| 79  | 0:13:35    | 506 | Aneesah King Oubacha | F-(U13) | VP-Glasgow AC              | 1   |
| 80  | 00:13:36   | 423 | Adele Street         | F-(U15) | Kilbarchan AAC             | 3   |
| 81  | 0:13:36    | 395 | Pearl Paterson       | F-(U13) | Inverclyde AC              | 1   |
| 82  | 0:13:38    | 252 | Leanna Elliot        | F-(U13) | Airdrie Harriers           | 1   |
| 83  | 0:13:38    | 488 | Imogen Millar        | F-(U13) | Shettleston Harriers       | 1   |
| 84  | 00:13:38   | 310 | Molly Barr           | F-(U15) | Giffnock North AC          | 2   |
| 85  | 00:13:48   | 504 | Anna Clark           | F-(U13) | VP-Glasgow AC              | 2   |
| 86  | 00:13:49   | 389 | Summer Taggart       | F-(U15) | Greenock Glenpark Harriers | 2   |
| 87  | 0:13:51    | 390 | Grace Barry          | F-(U13) | Inverclyde AC              | 1   |
| 88  | 0:13:54    | 484 | Daisy Gildea         | F-(U13) | Shettleston Harriers       | 1   |
| 89  | 0:13:56    | 297 | Skye Dick            | F-(U13) | Garscube Harriers          | 1   |
| 90  | 00:13:56   | 465 | Eilidh Greenhorn     | F-(U13) | Motherwell AC              | 2   |
| 91  | 00:13:56   | 486 | Emma Leiper          | F-(U15) | Shettleston Harriers       | 2   |
| 92  | 00:13:59   | 359 | Hannah Sluman        | F-(U15) | Giffnock North AC          | 2   |
| 93  | 00:14:00   | 455 | Hannah Jamieson      | F-(U13) | Law & District AAC         | 2   |
| 94  | 00:14:04   | 378 | Annie McLean         | F-(U15) | Glasgow School of Sport    | 2   |
| 95  | 00:14:11   | 479 | Katie Burns          | F-(U15) | Shettleston Harriers       | 3   |
| 96  | 00:14:12   | 313 | Eva Cameron          | F-(U15) | Giffnock North AC          | 3   |
| 97  | 0:14:14    | 469 | Stevie-Rose Gildert  | F-(U13) | Nithsdale AC               | 1   |
| 98  | 00:14:19   | 276 | Lucy McGrandle       | F-(U15) | Cambuslang Harriers        | 2   |
| 99  | 0:14:20    | 358 | Holly Simpson        | F-(U13) | Giffnock North AC          | 1   |
| 100 | 0:14:20    | 432 | Eilidh Cooke         | F-(U13) | Kilmarnock H&AC            | 1   |

## Young Female split time on any leg

| Pos | Split Time | No  | Runner                    | Cat     | Club Name            | Leg |
|-----|------------|-----|---------------------------|---------|----------------------|-----|
| 101 | 00:14:20   | 443 | Isla Tonner               | F-(U15) | Kilmarnock H&AC      | 2   |
| 102 | 00:14:24   | 441 | Jennie Munro              | F-(U15) | Kilmarnock H&AC      | 2   |
| 103 | 00:14:25   | 257 | Erica Baird               | F-(U15) | Ayr Seaforth AC      | 2   |
| 104 | 00:14:31   | 291 | Kayleigh Pew              | F-(U15) | East Kilbride AC     | 2   |
| 105 | 0:14:33    | 285 | Carrie Charters           | F-(U13) | East Kilbride AC     | 1   |
| 106 | 00:14:33   | 287 | Katie Fowler              | F-(U15) | East Kilbride AC     | 3   |
| 107 | 0:14:38    | 490 | Kate Monaghan             | F-(U13) | Shettleston Harriers | 1   |
| 108 | 00:14:39   | 508 | Hannah McDermott          | F-(U15) | VP-Glasgow AC        | 3   |
| 109 | 00:14:43   | 485 | Jessica Grant             | F-(U17) | Shettleston Harriers | 3   |
| 110 | 00:14:43   | 442 | Erin Tonner               | F-(U15) | Kilmarnock H&AC      | 2   |
| 111 | 0:14:47    | 273 | Erin Kearney              | F-(U13) | Cambuslang Harriers  | 1   |
| 112 | 00:14:48   | 302 | Jennifer MacMahon         | F-(U15) | Garscube Harriers    | 2   |
| 113 | 00:14:48   | 300 | Alice Henderson           | F-(U15) | Garscube Harriers    | 2   |
| 114 | 0:14:49    | 262 | Laurie McAlpine           | F-(U13) | Ayr Seaforth AC      | 1   |
| 115 | 0:14:49    | 308 | Beth Adams                | F-(U13) | Giffnock North AC    | 1   |
| 116 | 0:14:50    | 258 | Jessica Byers             | F-(U13) | Ayr Seaforth AC      | 1   |
| 117 | 00:14:54   | 431 | Izzy Caufield             | F-(U17) | Kilmarnock H&AC      | 3   |
| 118 | 0:14:55    | 456 | Sophie Nelson             | F-(U13) | Law & District AAC   | 1   |
| 119 | 0:14:56    | 448 | Esther Chinagorom Chikere | F-(U13) | Law & District AAC   | 1   |
| 120 | 00:14:59   | 459 | Rachel Stevenson          | F-(U15) | Law & District AAC   | 2   |
| 121 | 0:15:11    | 299 | OLIVIA FREER              | F-(U13) | Garscube Harriers    | 1   |
| 122 | 0:15:13    | 503 | Niamh Wilson              | F-(U13) | Springburn Harriers  | 1   |
| 123 | 0:15:14    | 266 | Elena Bolanos             | F-(U13) | Cambuslang Harriers  | 1   |
| 124 | 0:15:15    | 440 | Cara Monachello           | F-(U13) | Kilmarnock H&AC      | 1   |
| 125 | 00:15:21   | 295 | Anna Chapman              | F-(U15) | Garscube Harriers    | 2   |
| 126 | 0:15:31    | 303 | Ava McBean                | F-(U13) | Garscube Harriers    | 1   |
| 127 | 00:15:31   | 498 | Ruby Lennon               | F-(U15) | Springburn Harriers  | 2   |
| 128 | 0:15:34    | 430 | Miley Carruthers          | F-(U13) | Kilmarnock H&AC      | 1   |
| 129 | 0:15:35    | 438 | Rebecca McNulty           | F-(U13) | Kilmarnock H&AC      | 1   |
| 130 | 00:15:46   | 280 | Mollie Mae Scott          | F-(U15) | Cambuslang Harriers  | 2   |
| 131 | 00:15:50   | 507 | Zoe Loughrey              | F-(U15) | VP-Glasgow AC        | 3   |
| 132 | 00:15:53   | 320 | Erin Digby                | F-(U15) | Giffnock North AC    | 3   |
| 133 | 00:15:58   | 268 | Grace Fleming             | F-(U17) | Cambuslang Harriers  | 3   |
| 134 | 0:16:06    | 433 | Charlotte Gebbie          | F-(U13) | Kilmarnock H&AC      | 1   |
| 135 | 0:16:08    | 279 | Megan O'Brien             | F-(U13) | Cambuslang Harriers  | 1   |
| 136 | 00:16:15   | 269 | Martha Fleming            | F-(U15) | Cambuslang Harriers  | 2   |
| 137 | 00:16:17   | 489 | Ava Millican              | F-(U15) | Shettleston Harriers | 2   |
| 138 | 00:16:21   | 434 | Molly Hunter              | F-(U15) | Kilmarnock H&AC      | 2   |
| 139 | 0:16:28    | 293 | Alexandra Bell            | F-(U13) | Garscube Harriers    | 1   |
| 140 | 00:16:33   | 347 | Gabrielle Paddison        | F-(U15) | Giffnock North AC    | 3   |

## Young Female split time on any leg

| Pos | Split Time | No  | Runner          | Cat     | Club Name                  | Leg |
|-----|------------|-----|-----------------|---------|----------------------------|-----|
| 141 | 0:16:54    | 255 | Katie Ablett    | F-(U13) | Ayr Seaforth AC            | 1   |
| 142 | 0:16:56    | 382 | Beth Docherty   | F-(U13) | Greenock Glenpark Harriers | 1   |
| 143 | 00:17:02   | 436 | Lily McClintock | F-(U13) | Kilmarnock H&AC            | 2   |
| 144 | 0:17:28    | 270 | Kirsty Forrest  | F-(U13) | Cambuslang Harriers        | 1   |
| 145 | 0:17:29    | 271 | Keira Gallacher | F-(U13) | Cambuslang Harriers        | 1   |
| 146 | 0:17:37    | 462 | Niamh Cameron   | F-(U13) | Motherwell AC              | 1   |
| 147 | 0:17:44    | 463 | Katy Collum     | F-(U13) | Motherwell AC              | 1   |
| 148 | 00:17:47   | 332 | Lexie Martin    | F-(U15) | Giffnock North AC          | 3   |
| 149 | 00:17:58   | 292 | Sarah Toner     | F-(U15) | East Kilbride AC           | 2   |
| 150 | 0:18:03    | 307 | Abigail Whitby  | F-(U13) | Garscube Harriers          | 1   |
| 151 | 0:18:15    | 467 | Lauren Sweeting | F-(U13) | Motherwell AC              | 1   |
| 152 | 00:27:15   | 446 | Eilidh Cameron  | F-(U13) | Law & District AAC         | 2   |



# Young Male Teams

| Pos | Total Time | Team | Team Name                       | Lap | Pos | Split Time | Runner              |
|-----|------------|------|---------------------------------|-----|-----|------------|---------------------|
| 1   | 0:29:26    | 237  | Giffnock North AC 237 ( All )   | 1   | 1   | 0:10:07    | Calum Dick          |
|     |            |      |                                 | 2   | 1   | 00:09:41   | Craig Shennan       |
|     |            |      |                                 | 3   | 1   | 00:09:38   | Reuben Macdonald    |
| 2   | 0:30:41    | 283  | VP-Glasgow AC 283 ( All )       | 1   | 2   | 0:10:33    | Rhuairdh Laing      |
|     |            |      |                                 | 2   | 3   | 00:10:21   | James Clark         |
|     |            |      |                                 | 3   | 2   | 00:09:47   | Fraser Gilmour      |
| 3   | 0:30:57    | 260  | Kilbarchan AAC 260 ( All )      | 1   | 7   | 0:11:18    | Alistair Street     |
|     |            |      |                                 | 2   | 2   | 00:09:35   | Oliver Patton       |
|     |            |      |                                 | 3   | 3   | 00:10:04   | Josh McKinlay       |
| 4   | 0:31:18    | 238  | Giffnock North AC 238 ( All )   | 1   | 6   | 0:11:06    | Patrick Fraser      |
|     |            |      |                                 | 2   | 4   | 00:10:24   | Oliver MacDonald    |
|     |            |      |                                 | 3   | 4   | 00:09:48   | Cameron Deverill    |
| 5   | 0:31:34    | 239  | Giffnock North AC 239 ( All )   | 1   | 12  | 0:11:37    | Ethan Scobie        |
|     |            |      |                                 | 2   | 6   | 00:10:04   | Alasdair Nugent     |
|     |            |      |                                 | 3   | 5   | 00:09:53   | Cameron Green       |
| 6   | 0:31:56    | 271  | Law & District AAC 271 ( All )  | 1   | 5   | 0:11:03    | John Frood          |
|     |            |      |                                 | 2   | 5   | 00:10:31   | Ryan Kellock        |
|     |            |      |                                 | 3   | 6   | 00:10:22   | Oscar Logan         |
| 7   | 0:32:18    | 223  | Cambuslang Harriers 223 ( All ) | 1   | 11  | 0:11:30    | Jamie McCarthy      |
|     |            |      |                                 | 2   | 8   | 00:10:38   | Sam McCarthy        |
|     |            |      |                                 | 3   | 7   | 00:10:10   | Lewis Roddis        |
| 8   | 0:32:43    | 240  | Giffnock North AC 240 ( All )   | 1   | 8   | 0:11:21    | Myles Macaulay      |
|     |            |      |                                 | 2   | 9   | 00:10:55   | Ruari Laskey        |
|     |            |      |                                 | 3   | 8   | 00:10:27   | Josh Adams          |
| 9   | 0:32:53    | 233  | Garscube Harriers 233 ( All )   | 1   | 13  | 0:11:38    | Colin Nicol         |
|     |            |      |                                 | 2   | 10  | 00:10:41   | Callum Peat         |
|     |            |      |                                 | 3   | 9   | 00:10:34   | Hugh Borthwick      |
| 10  | 0:32:54    | 281  | Springburn Harriers 281 ( All ) | 1   | 3   | 0:10:51    | Angus Fraser-Moodie |
|     |            |      |                                 | 2   | 11  | 00:11:39   | Archie Watters      |
|     |            |      |                                 | 3   | 10  | 00:10:24   | Angus Millar        |
| 11  | 0:33:01    | 241  | Giffnock North AC 241 ( All )   | 1   | 4   | 0:10:59    | Aaron Reid          |
|     |            |      |                                 | 2   | 12  | 00:11:36   | Charlie McAllister  |
|     |            |      |                                 | 3   | 11  | 00:10:26   | Matthew Knak        |

# Young Male Teams

| Pos | Total Time | Team | Team Name                       | Lap | Pos | Split Time | Runner                |
|-----|------------|------|---------------------------------|-----|-----|------------|-----------------------|
| 12  | 0:33:02    | 228  | East Kilbride AC 228 ( All )    | 1   | 9   | 0:11:24    | Ben Baillie           |
|     |            |      |                                 | 2   | 7   | 00:10:42   | Jamie Connor          |
|     |            |      |                                 | 3   | 12  | 00:10:56   | Calum Charters        |
| 13  | 0:33:20    | 234  | Garscube Harriers 234 ( All )   | 1   | 16  | 0:11:49    | Ethan Tyler           |
|     |            |      |                                 | 2   | 16  | 00:11:14   | Robert Nicol          |
|     |            |      |                                 | 3   | 13  | 00:10:17   | Harry McDougall-Smith |
| 14  | 0:33:34    | 224  | Cambuslang Harriers 224 ( All ) | 1   | 18  | 0:12:02    | Alistair McLachlan    |
|     |            |      |                                 | 2   | 17  | 00:11:14   | Christopher Black     |
|     |            |      |                                 | 3   | 14  | 00:10:18   | Jonathan Dow          |
| 15  | 0:34:04    | 219  | Ayr Seaforth AC 219 ( All )     | 1   | 17  | 0:11:51    | Nicholas Latto        |
|     |            |      |                                 | 2   | 15  | 00:11:09   | Fraser McIntyre       |
|     |            |      |                                 | 3   | 15  | 00:11:04   | Connor Scobie         |
| 16  | 0:34:07    | 242  | Giffnock North AC 242 ( All )   | 1   | 10  | 0:11:27    | Cameron Mitchell      |
|     |            |      |                                 | 2   | 13  | 00:11:23   | Tristan Robin         |
|     |            |      |                                 | 3   | 16  | 00:11:17   | James Leaf            |
| 17  | 0:34:08    | 284  | VP-Glasgow AC 284 ( All )       | 1   | 23  | 0:12:23    | Andrew Bain           |
|     |            |      |                                 | 2   | 21  | 00:11:36   | Ollie Petrie          |
|     |            |      |                                 | 3   | 17  | 00:10:09   | Saul McGlennan        |
| 18  | 0:34:17    | 261  | Kilbarchan AAC 261 ( All )      | 1   | 26  | 0:12:41    | Alexander Burke       |
|     |            |      |                                 | 2   | 14  | 00:10:18   | Scott Ritchie         |
|     |            |      |                                 | 3   | 18  | 00:11:18   | Ryan Knights          |
| 19  | 0:34:31    | 229  | East Kilbride AC 229 ( All )    | 1   | 20  | 0:12:04    | Rory Charters         |
|     |            |      |                                 | 2   | 18  | 00:11:21   | Aaron Thomson         |
|     |            |      |                                 | 3   | 19  | 00:11:06   | Sam Hosie             |
| 20  | 0:34:48    | 268  | Kilmarnock H&AC 268 ( All )     | 1   | 38  | 0:13:02    | Dylan Young           |
|     |            |      |                                 | 2   | 30  | 00:11:46   | Matthew Monachello    |
|     |            |      |                                 | 3   | 20  | 00:10:00   | Jonathon Downey       |
| 21  | 0:35:08    | 272  | Law & District AAC 272 ( All )  | 1   | 14  | 0:11:46    | Jack Rimmer           |
|     |            |      |                                 | 2   | 22  | 00:12:20   | Daniel Simpson        |
|     |            |      |                                 | 3   | 21  | 00:11:02   | Craig Cherrie         |

# Young Male Teams

| Pos | Total Time | Team | Team Name                        | Lap | Pos | Split Time | Runner                 |
|-----|------------|------|----------------------------------|-----|-----|------------|------------------------|
| 22  | 0:35:20    | 225  | Cambuslang Harriers 225 ( All )  | 1   | 30  | 0:12:52    | Euan Reid              |
|     |            |      |                                  | 2   | 26  | 00:11:43   | Jay Gallacher          |
|     |            |      |                                  | 3   | 22  | 00:10:45   | Fearghus MacGregor     |
| 23  | 0:35:29    | 230  | East Kilbride AC 230 ( All )     | 1   | 21  | 0:12:14    | Oisin Carlin           |
|     |            |      |                                  | 2   | 20  | 00:11:37   | Jonathan Hunter        |
|     |            |      |                                  | 3   | 23  | 00:11:38   | Lewis Thorpe           |
| 24  | 0:35:31    | 262  | Kilbarchan AAC 262 ( All )       | 1   | 19  | 0:12:02    | Cameron Bruce          |
|     |            |      |                                  | 2   | 19  | 00:11:40   | Nathan Cairns          |
|     |            |      |                                  | 3   | 24  | 00:11:49   | Ryan Fitzpatrick       |
| 25  | 0:35:56    | 277  | Nithsdale AC 277 ( All )         | 1   | 24  | 0:12:25    | Bruce MacCormick       |
|     |            |      |                                  | 2   | 28  | 00:12:16   | Jacob Holden           |
|     |            |      |                                  | 3   | 25  | 00:11:15   | Alasdair Thomson       |
| 26  | 0:36:38    | 276  | Nithsdale AC 276 ( All )         | 1   | 31  | 0:12:55    | Alister Cirera Sola    |
|     |            |      |                                  | 2   | 29  | 00:11:47   | Cameron Robertson      |
|     |            |      |                                  | 3   | 26  | 00:11:56   | Angus MacCormick       |
| 27  | 0:37:18    | 231  | East Kilbride AC 231 ( All )     | 1   | 27  | 0:12:46    | Arran Rosling          |
|     |            |      |                                  | 2   | 27  | 00:11:54   | Ryan McNamara          |
|     |            |      |                                  | 3   | 27  | 00:12:38   | Matthew McQuaid        |
| 28  | 0:37:44    | 278  | Shettleston Harriers 278 ( All ) | 1   | 46  | 0:15:44    | Lucas Millican         |
|     |            |      |                                  | 2   | 36  | 00:11:43   | Matthew Fox            |
|     |            |      |                                  | 3   | 28  | 00:10:17   | David Woods            |
| 29  | 0:37:46    | 243  | Giffnock North AC 243 ( All )    | 1   | 42  | 0:13:31    | Archie Barr            |
|     |            |      |                                  | 2   | 34  | 00:13:18   | Zac Wright             |
|     |            |      |                                  | 3   | 29  | 00:10:57   | Jamie Davidson         |
| 30  | 0:37:49    | 269  | Kilmarnock H&AC 269 ( All )      | 1   | 34  | 0:12:57    | Calum Lunan            |
|     |            |      |                                  | 2   | 24  | 00:11:33   | Harris McNicol         |
|     |            |      |                                  | 3   | 30  | 00:13:19   | David Inglis           |
| 31  | 0:38:12    | 285  | VP-Glasgow AC 285 ( All )        | 1   | 40  | 0:13:11    | Rory Dalziel           |
|     |            |      |                                  | 2   | 37  | 00:14:30   | Gerard Gontor          |
|     |            |      |                                  | 3   | 31  | 00:10:31   | Callum Paterson        |
| 32  | 0:39:22    | 235  | Garscube Harriers 235 ( All )    | 1   | 33  | 0:12:57    | Robbie Yule            |
|     |            |      |                                  | 2   | 33  | 00:13:17   | Christopher Hargreaves |
|     |            |      |                                  | 3   | 32  | 00:13:08   | Jake Tainsh            |

# Young Male Teams

| Pos | Total Time | Team | Team Name                       | Lap | Pos | Split Time | Runner           |
|-----|------------|------|---------------------------------|-----|-----|------------|------------------|
| 33  | 0:40:42    | 287  | VP-Glasgow AC 287 ( All )       | 1   | 43  | 0:14:11    | Lochlann Byrne   |
|     |            |      |                                 | 2   | 38  | 00:13:41   | Niall Byrne      |
|     |            |      |                                 | 3   | 33  | 00:12:50   | Angus Bain       |
| 34  | 0:40:51    | 221  | Ayr Seaforth AC 221 ( All )     | 1   | 41  | 0:13:20    | Ethan Howie      |
|     |            |      |                                 | 2   | 39  | 00:15:05   | Iain MacLean     |
|     |            |      |                                 | 3   | 34  | 00:12:26   | Leo Brockie      |
| 35  | 0:41:45    | 286  | VP-Glasgow AC 286 ( All )       | 1   | 28  | 0:12:49    | Lewis Robertson  |
|     |            |      |                                 | 2   | 31  | 00:12:47   | Angus McIndoe    |
|     |            |      |                                 | 3   | 35  | 00:16:09   | Hamish Matheson  |
| 36  | 0:43:11    | 274  | Motherwell AC 274 ( All )       | 1   | 39  | 0:13:03    | Jack Duffin      |
|     |            |      |                                 | 2   | 40  | 00:15:30   | Nathan Robertson |
|     |            |      |                                 | 3   | 36  | 00:14:38   | Ewan Sweeting    |
| - - | xx:xx:xx   | 220  | Ayr Seaforth AC 220 ( All )     | 1   | 37  | 0:13:01    | Matthew Copland  |
|     |            |      |                                 | 2   | 23  | 00:11:25   | Alasdair Maclean |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 226  | Cambuslang Harriers 226 ( All ) | 1   | 49  | 0:26:32    | Alex McKirdy     |
|     |            |      |                                 | 2   | 41  | 00:13:06   | Lewis Cook       |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 227  | Cambuslang Harriers 227 ( All ) | 1   | 32  | 0:12:56    | Dylan Howat      |
|     |            |      |                                 | 2   |     | xxxx       | xxxx             |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 232  | East Kilbride AC 232 ( All )    | 1   | 22  | 0:12:18    | Euan Thorpe      |
|     |            |      |                                 | 2   |     | xxxx       | xxxx             |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 236  | Garscube Harriers 236 ( All )   | 1   | 29  | 0:12:49    | Peter Mellor     |
|     |            |      |                                 | 2   | 32  | 00:12:47   | Daniel Owens     |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 244  | Giffnock North AC 244 ( All )   | 1   | 15  | 0:11:48    |                  |
|     |            |      |                                 | 2   |     | xxxx       | xxxx             |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |
| - - | xx:xx:xx   | 257  | Helensburgh AAC 257 ( All )     | 1   | 35  | 0:12:58    | Lewis Cameron    |
|     |            |      |                                 | 2   | 25  | 00:11:34   | William Scott    |
|     |            |      |                                 | 3   |     | xxxx       | xxxx             |

# Young Male Teams

| Pos | Total Time | Team | Team Name                      | Lap | Pos | Split Time | Runner         |
|-----|------------|------|--------------------------------|-----|-----|------------|----------------|
| - - | xx:xx:xx   | 263  | Kilbarchan AAC 263 ( All )     | 1   | 44  | 0:14:25    | Richard Forbes |
|     |            |      |                                | 2   | 35  | 00:12:56   | Rhys Knights   |
|     |            |      |                                | 3   |     | xxxx       | xxxx           |
|     |            |      |                                |     |     |            |                |
| - - | xx:xx:xx   | 264  | Kilbarchan AAC 264 ( All )     | 1   | 25  | 0:12:27    | Oscar Linton   |
|     |            |      |                                | 2   |     | xxxx       | xxxx           |
|     |            |      |                                | 3   |     | xxxx       | xxxx           |
|     |            |      |                                |     |     |            |                |
| - - | xx:xx:xx   | 270  | Kilmarnock H&AC 270 ( All )    | 1   | 47  | 0:26:08    | Lewis Anderson |
|     |            |      |                                | 2   |     | xxxx       | xxxx           |
|     |            |      |                                | 3   |     | xxxx       | xxxx           |
|     |            |      |                                |     |     |            |                |
| - - | xx:xx:xx   | 273  | Law & District AAC 273 ( All ) | 1   | 36  | 0:13:01    | Blair Beverley |
|     |            |      |                                | 2   |     | xxxx       | xxxx           |
|     |            |      |                                | 3   |     | xxxx       | xxxx           |
|     |            |      |                                |     |     |            |                |
| - - | xx:xx:xx   | 275  | Motherwell AC 275 ( All )      | 1   | 45  | 0:14:49    | Nathan Cameron |
|     |            |      |                                | 2   |     | xxxx       | xxxx           |
|     |            |      |                                | 3   |     | xxxx       | xxxx           |

## Young Male split time on any leg

| Pos | Split Time | No  | Runner                | Cat     | Club Name            | Leg |
|-----|------------|-----|-----------------------|---------|----------------------|-----|
| 1   | 00:09:35   | 173 | Oliver Patton         | M-(U15) | Kilbarchan AAC       | 2   |
| 2   | 00:09:38   | 92  | Reuben Macdonald      | M-(U17) | Giffnock North AC    | 3   |
| 3   | 00:09:41   | 116 | Craig Shennan         | M-(U15) | Giffnock North AC    | 2   |
| 4   | 00:09:47   | 243 | Fraser Gilmour        | M-(U17) | VP-Glasgow AC        | 3   |
| 5   | 00:09:48   | 75  | Cameron Deverill      | M-(U17) | Giffnock North AC    | 3   |
| 6   | 00:09:53   | 81  | Cameron Green         | M-(U17) | Giffnock North AC    | 3   |
| 7   | 00:10:00   | 183 | Jonathon Downey       | M-(U17) | Kilmarnock H&AC      | 3   |
| 8   | 00:10:04   | 101 | Alasdair Nugent       | M-(U15) | Giffnock North AC    | 2   |
| 9   | 00:10:04   | 170 | Josh McKinlay         | M-(U17) | Kilbarchan AAC       | 3   |
| 10  | 0:10:07    | 76  | Calum Dick            | M-(U13) | Giffnock North AC    | 1   |
| 11  | 00:10:09   | 247 | Saul McGlennan        | M-(U17) | VP-Glasgow AC        | 3   |
| 12  | 00:10:10   | 36  | Lewis Roddis          | M-(U17) | Cambuslang Harriers  | 3   |
| 13  | 00:10:17   | 56  | Harry McDougall-Smith | M-(U17) | Garscube Harriers    | 3   |
| 14  | 00:10:17   | 230 | David Woods           | M-(U17) | Shettleston Harriers | 3   |
| 15  | 00:10:18   | 21  | Jonathan Dow          | M-(U17) | Cambuslang Harriers  | 3   |
| 16  | 00:10:18   | 174 | Scott Ritchie         | M-(U15) | Kilbarchan AAC       | 2   |
| 17  | 00:10:21   | 241 | James Clark           | M-(U15) | VP-Glasgow AC        | 2   |
| 18  | 00:10:22   | 197 | Oscar Logan           | M-(U17) | Law & District AAC   | 3   |
| 19  | 00:10:24   | 91  | Oliver MacDonald      | M-(U15) | Giffnock North AC    | 2   |
| 20  | 00:10:24   | 233 | Angus Millar          | M-(U15) | Springburn Harriers  | 3   |
| 21  | 00:10:26   | 86  | Matthew Knak          | M-(U17) | Giffnock North AC    | 3   |
| 22  | 00:10:27   | 66  | Josh Adams            | M-(U17) | Giffnock North AC    | 3   |
| 23  | 00:10:31   | 196 | Ryan Kellock          | M-(U15) | Law & District AAC   | 2   |
| 24  | 00:10:31   | 249 | Callum Paterson       | M-(U17) | VP-Glasgow AC        | 3   |
| 25  | 0:10:33    | 245 | Rhuairdh Laing        | M-(U13) | VP-Glasgow AC        | 1   |
| 26  | 00:10:34   | 53  | Hugh Borthwick        | M-(U17) | Garscube Harriers    | 3   |
| 27  | 00:10:38   | 30  | Sam McCarthy          | M-(U15) | Cambuslang Harriers  | 2   |
| 28  | 00:10:41   | 62  | Callum Peat           | M-(U15) | Garscube Harriers    | 2   |
| 29  | 00:10:42   | 42  | Jamie Connor          | M-(U15) | East Kilbride AC     | 2   |
| 30  | 00:10:45   | 28  | Fearghus MacGregor    | M-(U17) | Cambuslang Harriers  | 3   |
| 31  | 0:10:51    | 231 | Angus Fraser-Moodie   | M-(U13) | Springburn Harriers  | 1   |
| 32  | 00:10:55   | 88  | Ruari Laskey          | M-(U15) | Giffnock North AC    | 2   |
| 33  | 00:10:56   | 40  | Calum Charters        | M-(U17) | East Kilbride AC     | 3   |
| 34  | 00:10:57   | 73  | Jamie Davidson        | M-(U17) | Giffnock North AC    | 3   |
| 35  | 0:10:59    | 107 | Aaron Reid            | M-(U13) | Giffnock North AC    | 1   |
| 36  | 00:11:02   | 191 | Craig Cherrie         | M-(U17) | Law & District AAC   | 3   |
| 37  | 0:11:03    | 194 | John Frood            | M-(U13) | Law & District AAC   | 1   |
| 38  | 00:11:04   | 17  | Connor Scobie         | M-(U17) | Ayr Seaforth AC      | 3   |
| 39  | 0:11:06    | 79  | Patrick Fraser        | M-(U13) | Giffnock North AC    | 1   |
| 40  | 00:11:06   | 44  | Sam Hosie             | M-(U17) | East Kilbride AC     | 3   |
| 41  | 00:11:09   | 13  | Fraser McIntyre       | M-(U15) | Ayr Seaforth AC      | 2   |
| 42  | 00:11:14   | 60  | Robert Nicol          | M-(U15) | Garscube Harriers    | 2   |
| 43  | 00:11:14   | 19  | Christopher Black     | M-(U15) | Cambuslang Harriers  | 2   |
| 44  | 00:11:15   | 212 | Alasdair Thomson      | M-(U17) | Nithsdale AC         | 3   |
| 45  | 00:11:17   | 89  | James Leaf            | M-(U17) | Giffnock North AC    | 3   |
| 46  | 00:11:18   | 161 | Ryan Knights          | M-(U15) | Kilbarchan AAC       | 3   |
| 47  | 0:11:18    | 180 | Alistair Street       | M-(U13) | Kilbarchan AAC       | 1   |
| 48  | 0:11:21    | 90  | Myles Macaulay        | M-(U13) | Giffnock North AC    | 1   |
| 49  | 00:11:21   | 50  | Aaron Thomson         | M-(U15) | East Kilbride AC     | 2   |
| 50  | 00:11:23   | 109 | Tristan Robin         | M-(U15) | Giffnock North AC    | 2   |

## Young Male split time on any leg

| Pos | Split Time | No  | Runner               | Cat     | Club Name            | Leg |
|-----|------------|-----|----------------------|---------|----------------------|-----|
| 51  | 0:11:24    | 38  | Ben Baillie          | M-(U13) | East Kilbride AC     | 1   |
| 52  | 00:11:25   | 10  | Alasdair Maclean     | M-(U15) | Ayr Seaforth AC      | 2   |
| 53  | 0:11:27    | 96  | Cameron Mitchell     | M-(U13) | Giffnock North AC    | 1   |
| 54  | 0:11:30    | 29  | Jamie McCarthy       | M-(U13) | Cambuslang Harriers  | 1   |
| 55  | 00:11:33   | 187 | Harris McNicol       | M-(U15) | Kilmarnock H&AC      | 2   |
| 56  | 00:11:34   | 140 | William Scott        | M-(U17) | Helensburgh AAC      | 2   |
| 57  | 00:11:36   | 93  | Charlie McAllister   | M-(U15) | Giffnock North AC    | 2   |
| 58  | 00:11:36   | 250 | Ollie Petrie         | M-(U13) | VP-Glasgow AC        | 2   |
| 59  | 00:11:37   | 45  | Jonathan Hunter      | M-(U15) | East Kilbride AC     | 2   |
| 60  | 0:11:37    | 112 | Ethan Scobie         | M-(U13) | Giffnock North AC    | 1   |
| 61  | 00:11:38   | 52  | Lewis Thorpe         | M-(U17) | East Kilbride AC     | 3   |
| 62  | 0:11:38    | 59  | Colin Nicol          | M-(U13) | Garscube Harriers    | 1   |
| 63  | 00:11:39   | 235 | Archie Watters       | M-(U15) | Springburn Harriers  | 2   |
| 64  | 00:11:40   | 150 | Nathan Cairns        | M-(U15) | Kilbarchan AAC       | 2   |
| 65  | 00:11:43   | 23  | Jay Gallacher        | M-(U15) | Cambuslang Harriers  | 2   |
| 66  | 00:11:43   | 217 | Matthew Fox          | M-(U15) | Shettleston Harriers | 2   |
| 67  | 00:11:46   | 188 | Matthew Monachello   | M-(U15) | Kilmarnock H&AC      | 2   |
| 68  | 0:11:46    | 200 | Jack Rimmer          | M-(U13) | Law & District AAC   | 1   |
| 69  | 00:11:47   | 211 | Cameron Robertson    | M-(U15) | Nithsdale AC         | 2   |
| 70  | 0:11:48    | 83  | ??????               | M-(U15) | Giffnock North AC    | 1   |
| 71  | 0:11:49    | 64  | Ethan Tyler          | M-(U13) | Garscube Harriers    | 1   |
| 72  | 00:11:49   | 155 | Ryan Fitzpatrick     | M-(U15) | Kilbarchan AAC       | 3   |
| 73  | 0:11:51    | 9   | Nicholas Latto       | M-(U13) | Ayr Seaforth AC      | 1   |
| 74  | 00:11:54   | 46  | Ryan McNamara        | M-(U15) | East Kilbride AC     | 2   |
| 75  | 00:11:56   | 209 | Angus MacCormick     | M-(U17) | Nithsdale AC         | 3   |
| 76  | 0:12:02    | 32  | Alistair McLachlan   | M-(U13) | Cambuslang Harriers  | 1   |
| 77  | 0:12:02    | 148 | Cameron Bruce        | M-(U13) | Kilbarchan AAC       | 1   |
| 78  | 0:12:04    | 41  | Rory Charters        | M-(U13) | East Kilbride AC     | 1   |
| 79  | 0:12:14    | 39  | Oisin Carlin         | M-(U13) | East Kilbride AC     | 1   |
| 80  | 00:12:16   | 208 | Jacob Holden         | M-(U15) | Nithsdale AC         | 2   |
| 81  | 0:12:18    | 51  | Euan Thorpe          | M-(U13) | East Kilbride AC     | 1   |
| 82  | 00:12:20   | 201 | Daniel Simpson       | M-(U15) | Law & District AAC   | 2   |
| 83  | 0:12:23    | 236 | Andrew Bain          | M-(U13) | VP-Glasgow AC        | 1   |
| 84  | 0:12:25    | 210 | Bruce MacCormick     | M-(U13) | Nithsdale AC         | 1   |
| 85  | 00:12:26   | 2   | Leo Brockie          | M-(U15) | Ayr Seaforth AC      | 3   |
| 86  | 0:12:27    | 164 | Oscar Linton         | M-(U13) | Kilbarchan AAC       | 1   |
| 87  | 00:12:38   | 47  | Matthew McQuaid      | M-(U15) | East Kilbride AC     | 3   |
| 88  | 0:12:41    | 149 | Alexander Burke      | M-(U13) | Kilbarchan AAC       | 1   |
| 89  | 0:12:46    | 49  | Arran Rosling        | M-(U13) | East Kilbride AC     | 1   |
| 90  | 00:12:47   | 61  | Daniel Owens         | M-(U15) | Garscube Harriers    | 2   |
| 91  | 00:12:47   | 248 | Angus McIndoe        | M-(U13) | VP-Glasgow AC        | 2   |
| 92  | 0:12:49    | 57  | Peter Mellor         | M-(U13) | Garscube Harriers    | 1   |
| 93  | 0:12:49    | 251 | Lewis Robertson      | M-(U13) | VP-Glasgow AC        | 1   |
| 94  | 00:12:50   | 237 | Angus Bain           | M-(U15) | VP-Glasgow AC        | 3   |
| 95  | 0:12:52    | 35  | Euan Reid            | M-(U13) | Cambuslang Harriers  | 1   |
| 96  | 0:12:55    | 207 | Alistair Cirera Sola | M-(U13) | Nithsdale AC         | 1   |
| 97  | 0:12:56    | 24  | Dylan Howat          | M-(U13) | Cambuslang Harriers  | 1   |
| 98  | 00:12:56   | 160 | Rhys Knights         | M-(U15) | Kilbarchan AAC       | 2   |
| 99  | 0:12:57    | 65  | Robbie Yule          | M-(U13) | Garscube Harriers    | 1   |
| 100 | 0:12:57    | 186 | Calum Lunan          | M-(U13) | Kilmarnock H&AC      | 1   |

## Young Male split time on any leg

| Pos | Split Time | No  | Runner                                           | Cat     | Club Name            | Leg |
|-----|------------|-----|--------------------------------------------------|---------|----------------------|-----|
| 101 | 0:12:58    | 138 | Lewis Cameron                                    | M-(U13) | Helensburgh AAC      | 1   |
| 102 | 0:13:01    | 4   | Matthew Copland                                  | M-(U13) | Ayr Seaforth AC      | 1   |
| 103 | 0:13:01    | 190 | Blair Beverley                                   | M-(U13) | Law & District AAC   | 1   |
| 104 | 0:13:02    | 189 | Dylan Young                                      | M-(U13) | Kilmarnock H&AC      | 1   |
| 105 | 0:13:03    | 204 | Jack Duffin                                      | M-(U13) | Motherwell AC        | 1   |
| 106 | 00:13:06   | 20  | Lewis Cook                                       | M-(U15) | Cambuslang Harriers  | 2   |
| 107 | 00:13:08   | 63  | Jake Tainsh                                      | M-(U17) | Garscube Harriers    | 3   |
| 108 | 0:13:11    | 242 | Rory Dalziel                                     | M-(U13) | VP-Glasgow AC        | 1   |
| 109 | 00:13:17   | 54  | Christopher Hargreaves                           | M-(U15) | Garscube Harriers    | 2   |
| 110 | 00:13:18   | 122 | Zac Wright                                       | M-(U13) | Giffnock North AC    | 2   |
| 111 | 00:13:19   | 184 | David Inglis                                     | M-(U15) | Kilmarnock H&AC      | 3   |
| 112 | 0:13:20    | 7   | Ethan Howie                                      | M-(U13) | Ayr Seaforth AC      | 1   |
| 113 | 0:13:31    | 67  | Archie Barr                                      | M-(U13) | Giffnock North AC    | 1   |
| 114 | 00:13:41   | 240 | Niall Byrne                                      | M-(U13) | VP-Glasgow AC        | 2   |
| 115 | 0:14:11    | 239 | Lochlann Byrne                                   | M-(U13) | VP-Glasgow AC        | 1   |
| 116 | 0:14:25    | 156 | Richard Forbes                                   | M-(U13) | Kilbarchan AAC       | 1   |
| 117 | 00:14:30   | 244 | Gerard Gontor                                    | M-(U13) | VP-Glasgow AC        | 2   |
| 118 | 00:14:38   | 206 | Ewan Sweeting                                    | M-(U15) | Motherwell AC        | 3   |
| 119 | 0:14:49    | 203 | Nathan Cameron                                   | M-(U13) | Motherwell AC        | 1   |
| 120 | 00:15:05   | 11  | Iain MacLean                                     | M-(U13) | Ayr Seaforth AC      | 2   |
| 121 | 00:15:30   | 205 | Nathan Robertson                                 | M-(U13) | Motherwell AC        | 2   |
| 122 | 0:15:44    | 224 | Lucas Millican                                   | M-(U13) | Shettleston Harriers | 1   |
| 123 | 00:16:09   | 246 | Hamish Matheson                                  | M-(U15) | VP-Glasgow AC        | 3   |
| 124 | 0:26:08    | 182 | Lewis Anderson (2nd leg run - no 1st leg runner) | M-(U15) | Kilmarnock H&AC      | 1   |
| 125 | 0:26:32    | 31  | Alex McKirdy (2nd leg run - no first leg runner) | M-(U13) | Cambuslang Harriers  | 1   |